



Calendar

Subject to change with ongoing COVID restrictions

September

Friday 17 September Mufti Day
Gold coin donation
Term 3 ends

October

Monday 4 October Labour Day
Tuesday 5 October Term 4 commences
Students return
Wednesday 13 Oct P&C General Meeting
7pm possibly via Zoom
18-22 October Book Week
'Old Worlds, New Worlds, Other Worlds'
Book fair and parade
Friday 29 October Assembly
K/1R Item
2.40pm in the hall

November

Tuesday 2 November Kinder Orientation
9.30am-12 noon
13-17 November New England Dance Festival
TRECC
Wednesday 10 Nov Kinder Orientation
9.30am-12 noon
Wednesday 10 Nov P&C General Meeting
7pm in the staff room
Friday 12 November School Photos
Friday 19 November Kinder Orientation
Assembly
K/H Item
2.20pm in the school hall

December

Friday 3 December Presentation Day
Wednesday 8 Dec P&C General Meeting
7pm in the staff room
Thursday 16 December Last day of term for students
Friday 17 December Staff Development Day

Clothing Pool - open each Monday, 2.30-3.30pm
and on the first Friday of each month, 2.30-3.30pm
BY APPOINTMENT ONLY
Contact Renae on 0417 029 377

Did you know? Ask 5/M

Like everyone, students in 5/6M are so very glad to be back at school.

It's been wonderful having students in the classroom interacting with others and seeing their smiling faces.

Here's a snapshot of what we've been learning about this term ...

In English, 5/6M have been studying how authors represent ideas and characters differently by comparing picture books about the Tasmanian Tiger. During online lessons, students researched an endangered animal and prepared a speech about it and how the species is being conserved.

Did you know that the blue whale grows to roughly half the length of Scully Park pool? Or that the hair on polar bears is transparent? These are just some of the fascinating facts we've discovered through listening to students deliver their speeches this week.



In geography, students have been exploring Asia and researched an Asian country during home learning. They have gained geographical skills such as creating climate graphs, drawing lines of latitude and longitude on maps and learning about influences on lifestyle for local people. Some of the chosen countries include Vietnam, Nepal, Mongolia, Georgia and Malaysia.

... continued on Page 3



Welcome back students

Leanne Kemp, Relieving Principal

It was wonderful to see the many smiling faces entering the school gate on Monday morning.

The majority of students reported they were very glad to be back at school for Week 10 and all the staff were extremely happy to be back with face-to-face learning. As mentioned before many of our special

events that were scheduled for Term 3 have either been cancelled or postponed to Term 4. We are looking forward to a very productive and busy final term.

Thank you to those families who were able for returning your devices on Monday. If you have not done so, could you please ensure they have been returned before the end of the term. Those children who completed work in printed booklets or worksheets also need to return this to their class teacher, even if every page is not completed.

We understand how difficult it has been trying to juggle learning from home with other family commitments. The staff are all very grateful to the support you have shown them and the efforts you have devoted to this. I would like to share a number of comments from Class Dojo from varying families.

Thank you NPS you have done an amazing job providing consistency to the kids when everything else has been so uncertain in the world. We are glad to be coming back so the kids can see your kind faces and get back with their friends.😊😊😊

Kristie Train (Millie T's parent)

WOW great, we love teachers and the great work you all do ❤️ appreciation and gratefulness .. As a grandmother I have learned new terminology.. friends of 10, addition facts etc. keep up your great efforts with our children ... LOVE YOUR WORK.

Vicki Harris (Mason C's parent)

Hi Mrs Webb,

Just wanted to say thank you for the zoo lesson today. Heidi (and Jamie) loved it!

Heidi has tested me and I failed!!

Thanks for everything you are doing. As I see both sides of the fence I know how hard and stressful it can be.

Scott Hawkins (Heidi H's parent)

Have a wonderful break over the holidays. Term 4 is going to be busy with our annual Book Fair, Science Discovery Day, SRC nominations and speeches, interviews, reports and hopefully Kinder Orientation and the Year 6 Farewell.

If you are concerned about restrictions relating to the school please look on the Department's website under [Advice for Families](#). At present we are grouped under Level 3 schools but this is an ever-changing site, please check it regularly for advice. If there are changes during the holidays messages will be updated on Class Dojo and SkoolBag.

Take care and stay safe. We look forward to seeing everyone back on Tuesday 5 October.

Farewell Julie and Nicolette

Julie McGregor, our wonderful cleaner, has decided to retire from her position. We will miss Julie and the excellent job she does going above and beyond to keep our school clean, tidy and safe for everyone.

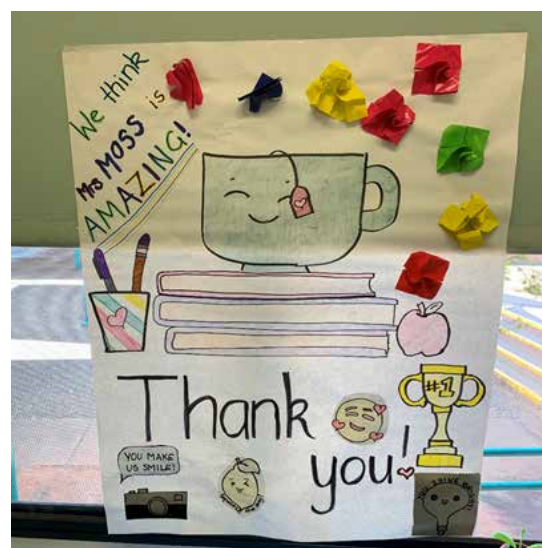
I am sure you join with me in wishing Julie a well-earned break and all the best for her retirement.

Nicolette Moss has decided to take some leave for at least Term 4 to spend some time with her family and prepare for the construction of her new house.

Nicolette has been at Nemingha Public School for 20 years and has seen many generations of families come through the school. Her knowledge of the school community, the systems and processes (many of which she has introduced) and her efficiency will be sorely missed.

I am positive the whole Nemingha PS community wish Nicolette all the best for her leave and look forward to catching up with her during Term 4 to hear of her exploits.

We will miss you greatly Mrs Moss!



5/6M SPOTLIGHT, from page 1

In dance lessons earlier in the term students were choreographing in pairs and small groups short movement sequences drawing inspiration from an Indonesian dance. They focused on body percussion, investigating dynamics and using movement to represent water, fire, earth and wind. Students have begun to transfer their choreography skills to explore a modern style of dance called tutting. This week they will work in pairs to create their own basic tutting combination.



5/6M learning a basic tutting sequence

As I reflect on all of the learning students were still able to achieve while working from home, I am immensely proud of 5/6M's dedication to their online activities.

Thank you to the families and friends of students who were 'behind the scenes' answering questions, interpreting instructions, organising materials and helping in countless other ways. All NPS staff are extremely grateful to you.

Vanessa Miller



The following notes have been sent home this week:

Years 5 and 6 students

Newcastle Permanent Primary School Mathematics Competition

If you DO NOT want your child to participate, please advise your class teacher through Class Dojo by tomorrow.



Pie Drive delivery postponed



Unfortunately, due to Narrabri remaining in lockdown, Watson's Bakery are unable to deliver our pie order this week.

Once Narrabri is lifted from lockdown we will reorganise delivery. This will most likely be after the school holidays.

We are so sorry for any inconvenience this has caused for anyone waiting for their order.

If you have any concerns or would like to discuss a refund please email the Nemingha pie drive email npspiedriver@gmail.com and we will organise that for you.

If you are happy to wait a little longer we will get details out about the new delivery arrangements ASAP.



Return to music

As we are currently under Level 3 restrictions, students are not able to participate in music lessons.

We will inform students when restrictions are lifted.

Gold Awards

The following students will be presented with their Gold Awards at an informal gathering tomorrow.

Congratulations to:

- | | |
|------------------|-------------------|
| ● Parker Beaton | ● Ava Genardini |
| ● Alex Mackenzie | ● Heidi Hawkins |
| ● Ruby Turner | ● Lillian Bracken |
| ● Pippa Geddes | ● Ryan Tongue |
| ● Darcy Benson | ● Toby Smith |

Service Awards

Congratulations to Zoe Gentle and Lucas Godden who will receive their first service award.

WHEELCHAIR SPORTS NSW/ACT



Come rolling in October to raise funds for wheelchair sport
ROLLONOCTOBER.org.au

We may not be able to come rolling into your school this October with our great Roadshow Program but you and your students can come rolling with us in October with three easy steps:

1. Choose how you'll roll – in your chair, on your bike, on your skateboard or however you roll
2. Sign up at RollOnOctober.org.au as an individual or in a team
3. Start getting sponsors to raise funds for wheelchair sport

ROLL ON OCTOBER is an invitation to everyone in our community, whether living with a disability or not, to roll with us and help raise funds to make sure we can keep providing wheelchair sport for people across NSW and the ACT.

Build a school "team" and see if your school can raise more and roll more than other schools across NSW & ACT. The school that raises the most funds will win a FREE 3 hour Roadshow valued at \$440.

This big community event is:

- ✓ Lockdown proof – go rolling in your own space in your own time.
- ✓ Helps to encourage physical activity during home schooling and the school holidays.
- ✓ A great way for the students to stay connected in a COVID safe way and for teachers to stay connected with friends and family.

Watch the ROLL ON OCTOBER video here: <https://youtu.be/siQpPwl4eKw>

Will you come rolling with us in October?

Follow us on social media!



Good for Kids good for life

INTERNATIONAL YEAR OF FRUITS AND VEGETABLES

The United Nations has declared 2021 the International Year of Fruits and Vegetables!

Did you know that over 75% of Primary school aged children in NSW consume the recommended serves of fruit?¹

BUT...

Only 1 in 20 NSW primary school children eat the recommended amount of vegetables!

Pack vegetables for Crunch&Sip® at school each day. Here's a few ideas:

No preparation:

- Baby cucumbers or carrots
- Cherry Tomatoes
- Snow Peas
- Frozen Peas

Some preparation:

- Cucumber, carrot, celery or capsicum sticks
- Corn on the cob



INTERNATIONAL YEAR OF
FRUITS AND VEGETABLES
2021

¹NSW School Physical Activity and Nutrition Survey, 2015

RECIPE FOR A GOOD NIGHT'S SLEEP

Did you know that primary school-aged children need between 9 - 11 hours of sleep every night?!

Poor sleep quality and insufficient sleep has been associated with a range of physical and mental health problems that can impact on a child's health and development.¹

Here's some sleep tips to help make sure your kids are getting their ZZZ's...

- Have a consistent sleep schedule and bedtime routine to help your child relax and wind down each night.
- Switch off all screens (TV, tablets, computers, phones) an hour before bed, and no screens in the bedroom!
- Daily exercise and time outdoors promote good sleep. Make sure your child is getting plenty of physical activity throughout the day.



Check out more sleep tips at www.healthdirect.gov.au/sleep-tips-for-children



Health
Hunter New England
Local Health District

HNEIHD-GoodForKids@health.nsw.gov.au
<http://www.goodforkids.nsw.gov.au/>