



Calendar

2019

September

Friday 13 September	Area Athletics
Sunday 15 September	CAPERS working bee <i>Helpers required to make costumes and props 9am-3pm</i>
Friday 20 September	Assembly - Year 1 item <i>2.40pm in the hall</i>
Friday 27 September	Term 3 ends

October

Monday 14 October	Students return for Term 4
Friday 25 October	Assembly - KP item <i>2.40pm in the hall</i>
Tuesday 29 October	Kinder Orientation <i>9.30am-12.30pm</i>

November

Saturday 2 November	Cricket match and movie night <i>P&C event - details to come</i>
Wed 6 November	Kinder Orientation <i>9.30am-12.30pm</i>
8/9 November	CAPERS TRECC
Wed 13 November	P&C Meeting <i>7pm in the staff room</i>
Friday 15 November	Kinder Orientation Day Assembly - KH item

December

Friday 6 December	Presentation Day
Wed 11 December	Year 6 Farewell
Wed 11 December	P&C Meeting <i>7pm in the staff room</i>
Wednesday 18 Dec	Last day of school for students
Friday 20 December	Term 4 ends

2020

January

Tuesday 28 January	Term 1 commences for staff <i>Staff Development Day</i>
Wednesday 29 January	Term 1 commences for students <i>Years 1-6</i>

Clothing Pool - open each Monday and the first
Friday of each month, 2.30-3.30pm

HPE Day

Today is National Health and Physical Education Day, designed to raise awareness of, and advocate for, a greater focus of HPE in our schools.

The theme of HPE day is *Good for Children, Good for Schools and Good for Communities*.

To acknowledge the importance of physical activity, Year 6 organised and ran an extended PE session this morning. The whole school joined in the activities and had lots of fun.

For more information on HPE Day and the Australian Council for Health, Physical Education and Recreation, go to hpeday.com.au.



Reading together - a special time

Christopher Jackson, Principal

When our children were small, as parents, we would read to them each night. As they got older we tended to listen to them read, and as they became more and more independent readers, we slipped into a routine of not listening to them at all. Children learn by example, and if we place an importance of good reading habits they too will follow suit.

Sharing stories, talking and reading every day helps your child's development. You're helping your child become familiar with words, language and the value of books. This all builds your child's literacy skills, helping them to go on to read successfully later in life.

Mrs Jones encourages children to borrow books from the library every week, but unfortunately there have been instances where children haven't even taken the book out of the library bag when they have gone home. Reading stories sparks your child's imagination. It stimulates their curiosity and aids in brain development. Exploring stories helps them learn the difference between 'real' and 'make-believe'.

At Nemingha Public School every child has access to a reader that they read every day, sometimes to a parent helper or a teacher. They also can take their reader home to read to their family. This is a wonderful opportunity to

read with children and has great benefits. This special time together promotes bonding and helps to build your relationship, laying the groundwork for your child's later social, communication and interpersonal skills.

"A capacity and taste for reading gives access to whatever has already been discovered by others."

Abraham Lincoln

We are very fortunate to have a vast selection of readers available for every reading level, for every week of the school year, and with support from the P&C we will be supplementing our readers throughout year.

During Book Week our Book Fair gave parents and community members an opportunity to contribute to our library resources. We thank those of you who have already donated. Those of you who visited the school this week would have noticed the physical changes to our library with the installation of glass doors and windows. Thanks to Mr McKenzie, who fitted these last week. There are more upgrades to our library to follow.

"To read is to fly: it is to soar to a point of vantage which gives a view over wide terrains of history, human variety, ideas, shared experience and the fruits of many inquiries."

A.C. Grayling

Zeeko Musica Viva performance

On Monday, rock and bluegrass band Zeeko brought its catchy vibe to Nemingha Public School.



The students recognised many of the songs as they had been working with Mr Jackson in the classrooms through a series of pre-performance lessons designed by the Musica Viva program.

Starring Jess Ciampa, David Hewitt and Sorcha Albuquerque on this visit, Zeeko is known for its unique blend of musical colours, with influences ranging from bluegrass and Caribbean rhythms to jazz and ambient music.

Over the course of an hour, the trio took students on a journey, exploring the natural world in songs about healthy eating, golden frogs and the deep ocean. The children joined in on glass bottles, squeaky toys

and body percussion to create new soundscapes.

Students and teachers engaged with the Musica Viva In Schools learning resources which tie into the musical themes of the performance and facets of the Australian curriculum ranging from maths, science and literacy through to intercultural understanding.

"We loved having Zeeko at our school," said School Captain Alice Murdoch, when presenting the performers with a school gift.

We look forward to being a part of the Musica Viva program in 2020.



SRC News

Fairy Garden

A fairy garden is being constructed in the playground for the children. So far in the garden we have a sand area, a bark chip area and a fake grass area under a shady tree which is all surrounded by a beautifully constructed fence (thank you Mr Baldwin).

Dig pit

We have been fortunate in being able to improve the dig pit thanks to a donation from D&C Projects arranged by Martina Stimson.



Pyjama Day

A big thank you to all the children who wore their pyjamas to school and donated to the Spina Bifida Foundation. It certainly was an unusual sight seeing the children playing in the playground in their pyjamas! We raised over \$250!

Fundraising Councillors - SRC



Craig Drever, from D&C Projects, kindly organised a donation of pavers and wooden blocks for the dig pit.

Thanks also to Taminda Timbers and Careys Brick and Roofing, for their support of the project.



CAPERS Update

Costumes

A reminder to Stage 1 and Stage 2 CAPERS participants in the dance sections that costume items need to be brought to school by the end of this term.

STAGE 1 BOYS - white school socks and white, short-sleeve school shirt - not a polo shirt.

STAGE 1 GIRLS - white school socks, white, short-sleeve school shirt (not a polo shirt) and black boy legs/ hot pants.

STAGE 2 BOYS - black singlet top and black leggings (full length).

STAGE 2 GIRLS - black spaghetti strap singlet and black leggings (3/4 or full length).

Please ensure the bag is labelled. More information about these costume requirements was outlined in a note home at the beginning of this term.

CAPERS Working Bee

This will be held this Sunday 9am-3pm in our school assembly hall to help prepare requirements for dances. A note was sent home last week with further information for those who indicated they would be attending. Thank you everyone for returning notes about this event.

CAPERS Merchandise

Any orders for CAPERS merchandise need to be sent to the school office by tomorrow (Friday 13 September). No late orders will be accepted.

Music tuition

We have been very fortunate to secure the services of Mrs Emily Lysaght from the Tamworth Regional Conservatorium of Music to teach students who would like tuition in woodwind instruments.

Emily will be teaching on Thursday mornings from the beginning of Term 4. There are places available for students who would like to learn clarinet, saxophone or flute in group (2-3 students) or private lessons.

We also have some vacancies in piano tuition with Mr Phil Weaver on Thursday mornings and brass instruments with Mrs Noelenne McGrane on Wednesday afternoons.

Please contact the office if you would like more information.



Sports News

State rugby

Robert Murphy travelled to Sydney on Monday 26 August for the week to play in the State PSSA Rugby competition as part of the North West team. Robert played several games throughout the week and enjoyed learning new skills and meeting lots of different people.

Zone athletics carnival

Nemingha students ran, jumped and threw their way to success at the zone carnival on Friday 30 September. The students enjoyed warm and fun day, trying their best and cheering on their peers. Thank you to all the parents who supported the day and to Theresa Knee for organising the students. Congratulations to all students who achieved their personal best. Nemingha achieved 6th overall, which included Porscha Ring winning junior girl champion and Mia Gentle taking out the 11 year girl champion.



Porscha Ring, Mia Gentle, Robert Murphy, Jessie Smith, Alex Hawkins, Jade Brown and Maddison Train came in the top four for some of their events and will participate in the regional carnival tomorrow. We wish them the best of luck.

Legends of League gala day

On Thursday 5 September, 12 students participated in a league gala day at the Plain Street fields in a round robin competition. They played four games throughout the day with mixed results. They played well as a team and displayed great sportsmanship.

Team members were Robert Murphy, Jordan Lewington, Rhys Murray, Lachlan Condrick, Harrison Hamilton, Cooper Jones, Lewis Lesslie, Tamarr Fairweather, Raeya Mitchell, Nick Condrick, Walter Greentree and Beau Rossiter.



Nemingha P & C together with the PHN

are pleased to offer the following **FREE**

Anxiety Solutions Workshops

With

Mrs Katie Godden

Wednesday 18th September - for Women

Strategies for Women to de-stress, reduce the chaos in their thinking and connect when times are tough

Wednesday 25th September - Men

Understanding our thoughts to help take back control of your mind so that you can support yourself and your mates

Each session will be held at the School and will start at **6:30pm**

Please **RSVP** to each session by the **Wednesday** before each event, at <https://katiegodden.eventbrite.com.au>

Or contact Katie on katiegodden@outlook.com.au



phn
HUNTER NEW ENGLAND
AND CENTRAL COAST
An Australian Government Initiative



Tamworth Athletics Club

Come and Try Days

22nd September, 2019 @ Old Athletics Track

10.00am - 12.00pm

13th October, 2019 @ New Athletics Track (Behind Sports Dome)

10.00am - 12.00pm

Redeem your **Active Kids Voucher**

And Register <http://lansw.com.au>

For more information contact Belinda 0457 344 067



Congratulations to these students, who received a Gold Award at last Friday's assembly:

**BONNIE WALL
HAYLEY WALL
CLAIR MITCHELL**

Congratulations also to

**COOPER PRESTON
EVIE BARTON
ELLA MOXON**

who will receive Gold Awards on Friday 20 September.