



Calendar

August

Thursday 29 August	Father's Day stall <i>In the hall at lunchtime</i>
Friday 30 August	Zone Athletics Kinder-Year 2 excursion to Tamworth Show

September

Sunday 1 September	Kootingal Country Fair <i>Choir will sing at 10.30am</i>
Friday 6 September	Assembly - Year 2 item <i>2.40pm in the hall</i>
Monday 9 September	Musica Viva "Zeeko"
Wed 11 September	P&C Meeting <i>7pm in the staff room</i>
Thursday 12 September	Movie Night - P&C Event <i>Downton Abbey - see advertisement on Page 4</i>
Friday 13 September	Area Athletics
Sunday 15 September	CAPERS working bee <i>Helpers required to make costumes and props 9am-3pm</i>
Friday 20 September	Assembly - Year 1 item <i>2.40pm in the hall</i>
Friday 27 September	Term 3 ends

October

Monday 14 October	Term 4 starts
Friday 25 October	Assembly - KP item <i>2.40pm in the hall</i>
Tuesday 29 October	Kinder Orientation <i>9.30am-12.30pm</i>

November

Saturday 2 November	Cricket match and movie night <i>P&C event - details to come</i>
Wed 6 November	Kinder Orientation <i>9.30am-12.30pm</i>
8/9 November	CAPERS TRECC
Wed 13 November	P&C Meeting <i>7pm in the staff room</i>
Friday 15 November	Kinder Orientation Day Assembly - KH item

December

Friday 6 December	Presentation Day
Wed 11 December	Year 6 Farewell

Clothing Pool - open each Monday and the first
Friday of each month, 2.30-3.30pm

Colourful fun at Book Parade

Congratulations to all students and their families for the amazing display of costumes at Monday's Book Parade.

This year's theme "Reading is my secret power" saw an array of super heroes including the "incredible staff". Prizes were presented by writer Elisabetta Dami's well-known book character Geronimo Stilton, who made a surprise guest appearance.

A BIG thank you to Mrs Jones for organising the event and running the Book Fair. Books were sold totalling an incredible \$4,000, which allows us to supplement our library to the tune of \$1,400.

More photos on our [web site](#).



Make that extra minute for your child

Christopher Jackson, Principal

I am spending the weekend with my sons in Newcastle for Father's Day and, while I was talking to them about what we plan to do, I was reminded of the song "Cat's in the Cradle".

For those of you who don't know the song it's about a father who is too busy to spend time with his son. Though the son repeatedly asks him to join in childhood activities, the father always responds with little more than vague promises of spending time together in the future, peppered with images from nursery rhymes. While wishing to spend time with his father, the son continues to admire him.

The final verse is a reverse of the roles, where the father asks his now grown-up son to visit, but the son responds with his father's line. The father then reflects that they are both alike.

Like most parents in this day and age I have spent time running one child from one place to another while trying to juggle my own routines. I often questioned whether the time spent with them is that elusive "quality time"? Even now when they ring and I'm "on the go" I have to either force myself to sit down and listen or suggest they ring back at a time when I can devote quality time to them.

When I was younger I can remember an older friend once saying "Remember Chris to stop and smell the roses". That thought has stuck with me and I have reflected on it through various stages of my life. When I do this I think of two important things.

Firstly, I want my sons to remember me as a big part of their

lives. Not like the father in "Cat's in the Cradle", who regrets every day that he never spent any time with his family when they were still young.

The best time to spend with your children is in the first 10-12 years of their lives. As teenagers, they begin to distance themselves from you, so make the most of it when they are young, when they want to hug, sit on your knee and love every minute of your company. (Some teenagers, are less inclined to participate in these fantastic things!).

Secondly, careers can wait. We live in a world of plenty, unless you are so greedy that you want a plasma TV in every room of your 20

bedroom mansion. Live within your means and value time more than anything else, and do you know what? The great job will still be there when you are in your 40s and 50s, if you want it enough and have the humility to start from scratch every now and then. And this applies to women as much as men. Don't get in the "I'll get left behind" trap. You're only fooling yourself.

We live in a frenetic society. I hear so often that people too busy to take time out. No man on his death-bed said that he should have spent more time at work!

From this Father's Day on, make that extra minute for your child. That minute is more important than you will ever know.

***"And the cat's in the cradle and the silver spoon,
Little boy blue and the man in the moon.
"When you coming home, son?" "I don't know when,
But we'll get together then, dad.
You know we'll have a good time then."***

Boys' vocal workshops

The Boys Vocal Program is a non-audition vocal program open to all boys in NSW Public Schools Years 5-12 who love to sing and want to experience about what happens in a recording studio.

Students will learn a repertoire in three-part harmony and also participate in the making of a film clip to accompany the final recording.

In June this year Kalan Perkins participated in a three-day choral workshop in Sydney. Kalan had a wonderful time at the workshop. "It was great doing something I love with kids my own age from places other than Tamworth."

If you are interested in listening to the song the boys sang this year click on this website and scroll down to the 2019 Boys' choir.

www.artsunit.nsw.edu.au/music/boys-vocal-workshops

Kalan has been selected to perform a solo at this year's CAPERS which he is very excited about. Congratulations Kalan.

Parent-teacher interviews

An opportunity for parent-teacher interviews will be held in Week 10 this term (23-26 September).

Should you wish to have an interview with your child's teacher, contact the front office to book a time.

Scheduled interviews will only be timetabled for a maximum of 15 minutes from 3.30 to 4.45pm.

Tamworth Show

Nemingha Public School's Stephanie Alexander Kitchen Garden program will be doing a fresh produce display at Tamworth Show.

Come along to AELEC this weekend (Friday 30 August-Sunday 1 September) and see what the children have been learning.



P&C News

Reminder - cake stall this Sunday

Nemingha Public School P&C will be holding a cake stall at the Kootingal Country Fair, which will be held this Sunday, 1 September.

Last year we did really well and sold out early. We would love any donations of cooked goods both savoury or sweet and/or your time on Sunday to man the stall btw 9am until 2pm. All proceeds raised goes straight to Nemingha school. Please let Maryann Murdoch know on 0402 309 411 if you are able to assist.

All donated goods will need to include a list of ingredients - please request a tag that can be typed or written on via the P&C email neminghapandc@outlook.com.

Gina Blyton, Secretary

School photography

School photos have now been taken.

Photographs can be purchased by following the link below for seven days from the day photos were taken, after which late fees/additional charges will be incurred.

School Photography Date: 27/08/2019

ONLINE ORDER CODE: 8EP MWE J8P

Online Order link: <https://www.advancedimage.com.au/keycode/keycodefinder.aspx?keycode=8EPMWEJ8P>



The following notes have been sent home this week:

All students

Musica Viva "Zeeko"

✍ Notes due Wednesday 4 September

Selected students

Legends of League Gala Day

✍ Notes due Tuesday 3 September

CAPERS performers

CAPERS merchandise

✍ Orders due by Friday 13 September

Year 2 students

Year 2 assembly item - costume requirements

Premier's Reading Challenge

The Premier's Reading Challenge wraps up on 31 August. If your child has entered the challenge, please make sure that their reading log is up to date with all the books they have read during the challenge.

Only completed challenges will receive certificates of participation.

Debating

The Premier's Debating Challenge concluded for our school yesterday with the final debate against Westdale Public School.

The two topics centred on the media and health and fitness. Both Nemingha Year 5 and 6 teams were successful in their debate. Congratulations on the improvement shown by all students in this year's competition.

Georgia Poore and Alice Murdoch were selected to participate in the regional debating trials, which will be held later this term. I wish both girls the best of luck in their attempt to make the New England team, which will travel to Sydney in Term 4.

Lauren Bowman



Congratulations to these students, who will receive a Gold Award at assembly on 6 September:

★ **JADE BROWN**

★ **GEORGE TURNER-WILSON**

★ **CONNOR UNGER**



Registration Day

Sunday 22nd September, 11am to 1 pm

West's Diggers, Kable Ave

Please contact secretary@tcsc.org.au for more details

THE CON
TAMWORTH REGIONAL CONSERVATORIUM OF MUSIC

ENSEMBLE OFFSPRING

bilby's bluegrass melodies

COST: \$5 per child.
Children must be accompanied by an adult (who receive free admission to the concert).

CHILDREN'S CONCERTS

Ages 18 months to 5 years

FRIDAY, 27 SEPTEMBER | 1:30 or 3:30 pm
CHAPEL THEATRE
Tamworth Regional Conservatorium of Music

1 hour | No interval

Tickets available online at thecon.com.au or at the door



LINKS FOR LIFE
Disability Expo

TAMWORTH SPORTS DOME
Jack Smyth Drive, Tamworth

Thursday 19th September 2019
10.00am - 2.00pm
Official Opening 10.15am

FREE:

- ENTRY • PARKING
- BUS TRAVEL
- SAUSAGE SIZZLE ALL DAY

This event is for people with disabilities and ongoing medical conditions, their families, carers, support network and service providers.
Find information and advice on early intervention services, carer support, advocacy, accommodation, training and education, employment, post-school options, equipment, adaptive technology and the NDIS.
Please note the media will be in attendance and may wish to talk to participants.

HANNAFORDS **Tamworth BUSINESSES**

FREE BUS TRAVEL
Free bus travel with Hannafords and Tamworth Buses to and from the Sports Dome to attend the Links For Life Disability Expo. Give this flyer to the driver on the day. Hannafords will take you as far as Kable Ave, Tamworth Buses will take you out to the Sports Dome.
Free transfers to the Expo with Fiona's Mini Buses on 6760 9084 – for community members who are unable to access the regular public transport options and require individual transport.
For more information, please call:
Danielle on 6762 8003 or Lorraine on 0418 194 819

Proudly supported by:

- NSW GOVERNMENT
- JOBS AUSTRALIA
- Tamworth COUNCIL
- BEST
- CHALLENGE Community Services
- Kirinari
- AGILE SUPPORT SERVICES
- Northcott
- aruma.
- Brighter ACCESS
- Fiona's Mini Buses
- JOBLINKplus
- APM employment services
- Sunnyfield disability services

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Nemingha P & C together with the PHN

are pleased to offer the following

Anxiety Solutions Workshops

with

Mrs Katie Godden

these sessions will be conducted over the coming weeks and will be targeted towards the following audiences seeking strategies on how to cope with Anxiety

Wednesday 4th September - for Parents seeking strategies for their children

Wednesday 18th September - for Women

Wednesday 25th September - for Men

Each session will be held at the School and will start at 6:30pm

Please RSVP to each session by the **Wednesday** before each event,
at <https://katiegodden.eventbrite.com.au>

Or contact Katie on katiegodden@outlook.com.au

Katie Godden

phn
HUNTER NEW ENGLAND
AND CENTRAL COAST
An Australian Government Initiative

NEMINGHA PUBLIC SCHOOL P&C PRESENTS

DOWNTON ABBEY
THE MOVIE

OPENING NIGHT

\$15
INCL TICKET & TRIVIA

MOVIE NIGHT

WHEN: THURSDAY 12 SEPTEMBER 2019
WHERE: FORUM 6 CINEMA
TIME: 6.15PM FOR TRIVIA, RAFFLE (BRING YOUR GOLD COINS) & LUCKY DOOR PRIZE. 7PM MOVIE START.

**FOR TICKETS CONTACT
MEL GALLAGHER ON 0455720620**