



Calendar

June

Friday 21 June	Musica Viva Concert <i>Wyniss - Torres Strait Song and Dance</i> 2pm in the hall
Monday 24 June	Athletics Carnival at Farrer
26-28 June	Great Aussie Bush Camp <i>Excursion for Years 3 and 4 students</i>

July

Friday 5 July	Term 2 ends
Monday 22 July	Students return for Term 3
Monday 29 July	Variety Bash to visit our school <i>Lunch and activities - all welcome</i>

August

5-9 August	Education Week
Friday 9 August	Assembly - Year 2/3 item 2.40pm in the hall Science Fair
Wed 14 August	P&C Meeting 7pm in the staff room
Monday 19 August	Staff Development Day
19-23 August	Book Week
Tuesday 27 August	School photos
Wed 28 August	"Monsters in My Wardrobe" 9.45am
Friday 30 August	Assembly - Year 2 item 2.40pm in the hall

September

Wed 11 September	P&C Meeting 7pm in the staff room
Friday 20 September	Assembly - Year 1 item 2.40pm in the hall
Friday 27 September	Term 3 ends

October

Monday 14 October	Term 4 starts
Tuesday 29 October	Kinder Orientation 9.30am-12.30pm

November

Wed 6 November	Kinder Orientation 9.30am-12.30pm
Wed 13 November	P&C Meeting

Clothing Pool - open each Monday and the first
Friday of each month, 2.30-3.30pm

Multicultural Perspectives

There were many schools attending the Multicultural Perspectives Public Speaking competition on Tuesday at Nemingha Public School.

Children came from all over the region eg Ben Venue Public School, Armidale Public School, Walcha Public School, Barraba Public School and Hillvue Public School. It was very tough competition between the schools.

The winner was Sky Vaughan, from Ben Venue Public School in Armidale.

Isabel Murray, 5/6BR

We all enjoyed it and had fun even though we were nervous. It was an exciting competition - now we all have a better understanding of multiculturalism and speaking in public.

Louisa Hawkins, 5/6BR



Well done to our Nemingha team for an outstanding effort in this very demanding competition.

Standing up for yourself

Christopher Jackson, Principal

Former Russian Premier Nikita Krushchev, addressing the Russian General Assembly, once was talking about the atrocities during Stalin's power.

A man from the audience yelled out "But what did you do to stop it?"

Krushchev stopped and replied:

"Who said that?"

No one replied.

Once again Krushchev said:

"Stand up the person who said that!"

Still no one moved.

"For the last time, stand up the person who said that."

Not a person moved in the hall.

Krushchev then said:

"I did exactly what you did."

Standing up for something you believe in is something we encourage in our children.

To do nothing may seem easy at the time, however later it can have serious consequences.

What can we do to help our children combat negative influences and stand up for what they know is right? The answer is to nurture an honesty that will encourage them to stand up for their beliefs and act correctly without us.

As parents we must "walk our talk". A question we must ask ourselves each day is, "What did he or she learn today from watching me?" The answer can be quite revealing. We need to make sure the behaviours our children are picking up on are ones that we want them to copy. As parents we

should share our beliefs and take stands. A great resource is from TV shows and news events. Discuss them as they come up, particularly current events. We need to tell our children how we feel about the issue and why. In doing this it will boost their empathy towards others.

Children who stick up for others are children who feel for others. This will halt cruel behaviour and urge them to take a stand.

We want to raise children who can stand up for their beliefs, then reinforce assertiveness—not compliance. Krushchev and the other members of the Russian General Assembly should have spoken out against injustice, not just remained compliant.

The truth is that it takes real moral strength to go against peer pressure and to stick up for your beliefs. So we want to teach children assertive skills so they can take the right kind of stand whenever they are confronted with a moral dilemma.

CHANGE OF DETAILS

Please remember to notify the office as soon as possible if you change your address, telephone number or if there are any changed health issues relating to your child.

It is important that our records are kept up to date, especially in cases of emergency.



The community is invited to welcome the NSW Variety Bash on Monday 29 July - meet the Bashers, have a look at the cars and enjoy lots of exciting activities.

The Variety Bash is not a race or a rally. It's an adventure with mates driving 30-year-old-plus cars through regional parts of Australia in support of Variety - the Children's Charity.

Throughout the Bash, participants visit local towns, stopping in to schools and organisations to visit the kids. A range of educational, health and mobility equipment is provided to local schools and organisations en route.

The Bashers are expected to arrive at Nemingha around 12-12.30pm. Cars will be parked on the oval and the P&C will cater for a lunch for the participants. There will also be food available to purchase.

Children will be able to participate in the Benz Boys colouring-in competition, and everyone can enjoy the Super Hubert Magician's show. The Hippies Peace Prize for virtues of peace, integrity and love will be presented.

We would love to see a big crowd welcome and support the Bashers in a great fundraising initiative.



Vocal opportunity

by **Kalan Perkins**, Year 5/6W

Last week I was lucky enough to attend a unique vocal camp for boys in Years 5-12 run over three days in Sydney.

It was held at Trackdown Records, a professional recording studio, next to Fox Studios and the Australian Film, Television and Radio School.

We learnt a song together called 'Memories and Dust'. The conductor, Stuart Davis, taught us how to harmonise, use breath techniques and ensure our diction and tongue placement was correct.



On the first day we split into groups depending on our voice - high (sopranos), low (tenors) and my group, middle (altos.) We had the main melody of the song. On day 2 we practised in separate groups again and in the afternoon we went to the Sydney markets and performed – a bit of a flash mob.

On the last day we recorded the song in a professional studio. I was intrigued to see how it would all come together. We needed to wear headphones and sing into special microphones. It was a long process and we had many takes. We were quite fatigued by the end. All throughout the week we were filmed for a video clip to go with the sound recording.

It was a long process but so much fun to see how you record a song from start to finish.



Busy Bees

Mrs Butorac, our school cleaner, wishes to thank Blake Austin, Beau Shields and Sophie Cleal for their invaluable help in raking leaves during lunch times.

These children have worked hard every day (without even being asked) to rake the leaves from the quadrangle area and deliver them to Mr Baldwin's new garden area for use as mulch.

Well done children, your efforts are very much appreciated.



The following notes have been sent home this week:

Participating students

Great Aussie Bush Camp - final information

Years 3-6 students

2019 Premier's Spelling Bee - word lists

St Luke's

LOOMBERAH CHIT CHAT

Local Playgroup Fun

When: 1st Thursday & 3rd Monday of the month
Time: 9.30am
Where: Loomberah War Memorial Hall

For further details, please go to the Loomberah Chit Chat facebook page

Tamworth Regional Conservatorium of Music presents

Christine Anu

IN CONVERSATION & SONG

THE CCN TAMWORTH REGIONAL CONSERVATORIUM OF MUSIC
MASTERCLASSES AVAILABLE

An intimate journey with one of Australia's most acclaimed entertainers

Presented by THE CCN TAMWORTH REGIONAL CONSERVATORIUM OF MUSIC

Saturday 22 June | 7:30pm
Capitol Theatre Tamworth
1 hour 10 mins | No Interval

Phone 02 6767 5200
 Online capitoltheatretamworth.com.au
 in Person Capitol Theatre

SEASON 2019 CELEBRATE! 10 YEARS ENTERTAINMENT

A proud partner of Tamworth

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DOWN TOWN



Nutrition Snippet

The simplest way

... to make winter warming snacks.

During winter, after a long day at school, kids come home ready for a nice warm snack. Here are some simple, healthy snacks to warm and satisfy tummies.



- Creamed corn on wholemeal toast
- Baked beans on an English muffin
- Bowl of vegetable soup (try pumpkin or potato and leek)
- [Stewed apples and sultanas](#)
- Toasted cheese and tomato sandwich
- [Banana pikelets](#)
- [Zucchini and cheese hash brown cups](#)
- Porridge with pear

For these recipes and more visit healthylunchbox.com.au

healthylunchbox.com.au

Educational & Health Specialists

Visiting Tamworth

[at Calm Consultants](#)

18 and 19 July 2019

Providing Assessment, Planning and Intervention to Tamworth families

Speech and language assessment, learning assessment, dyslexia assessment, cognitive assessment, behavioural analysis and mental health assessment.

This is a remote service for regional families which offers the same level of expertise and services as provided in city locations.

We offer ongoing support through a range of support services and linking with local services.

Limited appointments available

If you feel this could be appropriate for your child, please email

regionalspecialists@outlook.com

We will send you a checklist and information on the service. We then organise the testing that is required and book you in for our next visit to Tamworth.

regionalspecialists@outlook.com

Phone 0423 584 808

Northwest Tennis Academy School Holiday Camps



Join Jarrod Campbell and the team of highly experienced and qualified coaching professionals at the upcoming school holiday camps. Heaps of fun and great activities to keep the kids actively entertained in a fun, safe and educational environment

Camp 1 | 8/7/19 - 11/7/19 (4 Day Camp) \$90

Camp 2 | 15/7/19 - 18/7/19 (4 Day Camp) \$90

or \$25 Per Day! (Eftpos Available)

8.30 am - 11.30 am Daily

Tamworth Tennis Club

Family Discounts Available

Call Jarrod - 0421287004

4 - 16 Years Catered For

northwesttennisacademy@hotmail.com



CODE LIKE A GIRL

JULY SCHOOL HOLIDAYS CODING CAMP

Join the girl gang in July for a two-day Coding Camp in Tamworth!

New to coding? That's cool. Like music, programming is for everyone and all levels are welcome. From coder to composer we'll explore music and technology, help you code your own song, and whip up a webpage for your new fandom!

Register here to secure a spot: bit.ly/CLGTamworth.



IN PARTNERSHIP WITH



AGES 8-11
JULY 15-16
TAMWORTH
COMMUNITY
CENTRE