



Calendar

June

Friday 7 June	Assembly - Year 3/4 item <i>2.40pm in the hall</i>
Monday 10 June	Queen's Birthday holiday
Wednesday 12 June	P&C Meeting <i>7pm in the staff room</i>
Thursday 13 June	Lightning: So Frightening <i>6.30pm-7.30pm</i>
Tuesday 18 June	Multicultural Perspectives Public Speaking competition
Monday 24 June	Athletics Carnival <i>at Farrer</i>
26-28 June	Great Aussie Bush Camp <i>Excursion for Years 3 and 4 students</i>

July

Friday 5 July	Term 2 ends
Monday 22 July	Students return for Term 3
Monday 29 July	Variety Bash to visit our school

August

5-9 August	Education Week
Friday 9 August	Assembly - Year 2/3 item <i>2.40pm in the hall</i>
Wed 14 August	P&C Meeting <i>7pm in the staff room</i>
Monday 19 August	Staff Development Day
19-23 August	Book Week
Tuesday 27 August	School photos
Friday 30 August	Assembly - Year 2 item <i>2.40pm in the hall</i>

September

Wed 11 September	P&C Meeting <i>7pm in the staff room</i>
Friday 27 September	Term 3 ends

October

Monday 14 October	Term 4 starts
Tuesday 29 October	Kinder Orientation

November

Wed 6 November	Kinder Orientation
Wed 13 November	P&C Meeting <i>7pm in the staff room</i>
Friday 15 November	Kinder Orientation Day

Clothing Pool - open each Monday and the first Friday of each month, 2.30-3.30pm

Winning performances at Eisteddfod

What fine performances from all our students at the recent 72nd City of Tamworth Eisteddfod this week.



On Tuesday morning our K-2 classes were involved in the Infants' session of the Eisteddfod. Led by Mrs Holcombe, the Kindergarten children performed two pieces "Who am I?" and "The Day after". They were awarded first place with a score of 86.

Our Year 2 group performed next with "The creature in the classroom" and "Sea Fever"

Mrs Cassidy was very impressed with how varied the group voices were and the delightful expressions on their faces. Miss Davidson conducted the group and they too were commended for their performance with a score of 87½ and first place.

"What a disciplined group you are!", "A most entertaining performance" were two of the comments from the Choral Speech adjudicator Pamela Cassidy about our Choral Speech performances.

Yesterday it was the senior school's turn. Our first group was led by Mrs Gooch with two poems, "Macavity the mystery cat" and "Thunderbolt". "One of my favourite poems! Thank you for choosing Macavity for a cat lady!" said Mrs Cassidy. Both poems were strong pieces that built the mood with meaning and attention. They scored 85 marks and third place.

Our last group performed "Andy's gone with cattle" and "Gran can you Rap?" led by Ms Reid. Mrs Cassidy was impressed with our choral choir, commenting that the "children created an appropriate rap rhythm and the gestures supported the atmosphere of this fun and humorous piece". They scored 87 and third place.

Congratulations to all our students and in particular our choral choir teachers Mrs Gooch, Ms Reid, Mrs Davidson and Mrs Holcombe, who provided a wonderful opportunity for our students.

Having fun and staying safe in playgrounds

Christopher Jackson, Principal

Playgrounds are great places for your child to play outdoors with other children, have fun and test physical skills. Children have so much fun playing in playgrounds.

Outdoor play is great for their physical, social and thinking development. Most playground injuries are minor – cuts, bruises and a few tears are the most likely dramas at playgrounds. But every now and then falls from playground equipment can also lead to injuries.

Nemingha School staff believes that supervision is the best way to ensure playground safety and prevent outdoor injuries. However there have been a few incidents where children have had a bump or a knock, and shrug it off, neglecting to inform staff. While this may show maturity and resilience, one student recently suffered from a headache afterwards at home, and another had a black eye.

If something happens in the playground we encourage students to check in with the teacher on duty, letting them

know that they have had a mishap. The staff member will assess whether they need to be sent to the office for first aid or to be followed up with a phone call when they go home at the end of the day. This also includes incidents that involve other students in the playground. Staff can deal with issues immediately when they happen, but when we hear second hand and after the fact, it is more difficult to follow up and find out exactly what happened.

If your child comes home with a story of an incident that happened in the playground ask first if they told the teacher on duty. By being proactive and sharpening the saw, two of our seven habits, our students will show confidence and be more resilient to deal with difficult situations with maturity, projecting themselves into the future.

What's cooking in the Canteen



Tuesday 11 June

Due to Monday being a public holiday, our canteen will be open on Tuesday and Friday next week.

Public Speaking

We have been asked to cater for the public speaking to be held at Nemingha School on Tuesday 18 June.

Please let me know if you are able to donate some baking or fruit and cheese platters.

Thank you

Renae Mumford, Canteen Manager,
0417 029 377



SAKG students will be selling items they have made to raise money for new equipment for the kitchen and garden.

Items will include seed spheres, succulent pots, body scrubs, bath salts, dry biscuit mixes and excess garden produce.



The following notes have been sent home this week:

All students

Musica Viva visit, Friday 21 June

Notes and payment due by Tuesday 18 June

Selected students

PSSA Rugby Union Gala Day

Notes due by Thursday 6 June

Sensational Softballers

by Lakota Clark, Isabel Murray, Mia Gentle, Elsie Greentree and Emily Tongue

On Thursday 30 May Maddison Train, Mia Gentle, Elsie Greentree, Jade Brown, Lakota Clark, Chloe Breen, Georgia Scanlon, Amelia Spalding, Bonnie Wall, Emily Tongue and Isabel Murray, attended the Girls Softball Gala Day. It was a great day for all the girls who participated.

The team lost our first game against Westdale 11-10. It was a close battle, but the loss meant that we were out of the PSSA knockout competition. Everyone learnt a lot about the technical rules and we were able to put in place some of the tactics that we had been taught in training during the game. As the day went on we learnt more about the game of softball.

The next two games were against other teams which had also been knocked out of the competition. We played Manilla and won 9-1. Then we played Tamworth West and won 18-3. Everyone improved their skills in batting and running between bases during the games.

The girls all displayed amazing sportsmanship during the day and were very supportive of each other.

Maddison Train, Georgia Scanlon, Mia Gentle and Elsie Greentree trialled for the North West team at the end of the day. All of the girls tried their hardest. Mia was successful in gaining a spot in the team and we wish her all the best in her games with the team.



Thank you Mrs Webb for being a great coach. Thank you also to the parents who transported us to the gala day and supported us and helped with the scoring.



Helping learner drivers
become safe drivers



Teaching someone to drive can be a **happy** experience.

You can learn all the simple steps on how to teach a learner driver at a FREE two hour workshop.

TAMWORTH

Monday 24th June @ 5.30pm

Tamworth Community Centre
Darling St, Tamworth

For enquiries, or to register your attendance

Email: roadsafety@joblinkplus.com.au or call 02 6764 6688



On the road 65Plus
Staying **independent** and safe

TAMWORTH

Monday 24th June @ 10.00am

Tamworth Community Centre
Darling Street

Road Safety for Older Road Users **Free Workshops**

Offering advice & safety tips to help older road users make safer choices. **Topics include**

- Safer driving habits
- Pedestrian safety
- Driver licensing at 75 and 85 years
- Mobility scooters
- How health changes can affect our abilities as road users

For enquiries, or to register your attendance

Email: roadsafety@joblinkplus.com.au or call 02 6764 6688

Our school has partnered with *Good for Kids* to deliver a new program called SWAP IT. SWAP IT aims to provide tips and ideas for parents and carers to swap what is packed in the lunchbox from “sometimes” foods to “everyday” foods.

PACKING HEALTHIER LUNCHBOXES

Our school is committed to supporting all children to live healthy and happy lives. By encouraging children to eat healthy everyday foods at school, together we can make a big difference to a child's health and their ability to learn.

Why lunchboxes?



1/3

Of a child's dietary intake occurs at school.



GOOD NUTRITION

Improves behaviour and concentration in the classroom.



EVERYDAY FOODS

Give children energy to play, grow and learn.

However



ONLY 5%

Of primary school aged children eat enough vegies daily.



ALMOST 1/2

Of children's lunchboxes are made up of sometimes foods e.g. chips, muffins, muesli bars.



1 IN 4

Australian children are above a healthy weight.

What does a healthy lunchbox look like?

A healthy lunchbox, full of everyday foods, includes:



Crunch&Sip@:

Vegetables or a piece of fruit.

Recess:

Vegetables or a piece of fruit + 1-2 everyday snacks.

Lunch:

Sandwich / wrap / roll with everyday fillings or alternative such as pasta or fried rice.

Drink:

Water and/or reduced fat plain milk.

Good for kids
good for life



swop it
everyday in the lunchbox