



## Calendar

### May

**Friday 17 May** Assembly - Year 4/5 item  
*2.30pm in the hall - please note change of time  
The time for the start of this assembly has  
been brought forward to 2.30pm due to a long  
program. Please arrange to be seated by 2.25  
for a prompt start at 2.30. Thank you.*

**Tuesday 21 May** Great Aussie Bush Camp information evening  
*At 5.30pm, for parents of Years 3 and 4  
students interested in the excursion to Tea  
Gardens in June.*

### June

**Friday 7 June** Assembly - Year 3/4 item  
*2.40pm in the hall*

**Monday 10 June** Queen's Birthday holiday

**Wednesday 12 June** P&C Meeting  
*7pm in the staff room*

**Thursday 13 June** Lightning: So Frightening  
*6.30pm-7.30pm*

**Monday 24 June** Athletics Carnival  
*at Farrer*

**26-28 June** Great Aussie Bush Camp  
*Excursion for Years 3 and 4 students  
✍ Final payments due 7 June*

### July

**Friday 5 July** Term 2 ends

**Monday 22 July** Students return for Term 3

**Monday 29 July** Variety Bash to visit our school

### August

**5-9 August** Education Week

**Wed 14 August** P&C Meeting  
*7pm in the staff room*

**Monday 19 August** Staff Development Day

**Tuesday 27 August** School photos

### September

**Wed 11 September** P&C Meeting  
*7pm in the staff room*

**Friday 27 September** Term 3 ends

### October

**Monday 14 October** Term 4 starts

**Tuesday 29 October** Kinder Orientation

Clothing Pool - open each Monday, 9.30-10.30am  
and on assembly days at 1.30pm

## Great spirit at chilly cross country

The annual school Cross Country was run last Friday, 10 May. On what was a very cold and windy morning students set up under their house colours ready to run the courses around the paddock.

The day started with primary and ended with the infants running around the oval with everyone cheering on. A fantastic morning with great Nemingha spirit. Kangaroos roared home with a war cry win.

Thank you to all the parents and friends who braved the cold to come and watch. A special thank you to Mr Baldwin and Mr Jackson for organising our new track, which was excellent. Thanks also to all the staff and Year 6 students who helped on the day. Congratulations to all Nemingha students on their participation and exemplary behaviour during the event.

Thirty-three students have been successful in gaining a place to run in the Zone Cross Country next Friday, 24 May, in Nundle.

... continued on Page 2



# Sometimes it's OK to stay at home

Christopher Jackson, Principal

**I heard someone say the other day “My daughter is a human petri dish. She seems to get every illness that is passed between young children.”**

There are a number of illnesses about the school as children have started coughing and sniffing. Winter is upon us and the bug seems to have struck Nemingha with a vengeance.

School children generally can catch from six to nine respiratory infections per year, which translates into one cold a month all winter long. Young children in child care outside their homes are exposed to infections before they reach school age. Young children at home get infected by their older siblings.

It's a no-brainer that we as parents should use every means possible to prevent illness in our children.

The best way is to avoid contact with obviously sick people. Keep sick children away from school. We won't scold you!

Wash hands thoroughly after coming into contact with a sick person or blowing your nose. Follow the basic principles of good health - nutrition, proper rest, and exercise.

Despite these efforts, some viruses will win and your child will come down with what's going around.

I would like to thank parents for their diligence and efforts in keeping sick children away from school. I hope in coming weeks the bug will have passed and everyone is on the road to recovery for the rest of this term.

## Cross Country ... from Page 1

Congratulations to the following students, who were first in their age groups:

12yrs	Boys	Robert Murphy
	Girls	Georgia Poore
11yrs	Boys	Henry Haling
	Girls	Mia Gentle
10yrs	Boys	Luke Pittman
	Girls	Porscha Ring
8/9 yrs	Boys	Walter Greentree
	Girls	Evie Thornton
5/6	Boys	Jake Genardini
	Girls	Ava Beaton
7 yrs	Boys	Rory Weigold
7yrs	Girls	Zoe Gentle

Look for more photos in the image gallery on the school web site.

Kris Sharkey (Sports Coordinator)



## Wyniss

### TORRES STRAIT SONG AND DANCE

**This term our students will be entertained by our first Musica Viva concert for 2019.**

Wyniss is a group from the Torres Strait islands. On the surface, childhood games seem like pure fun — but they are also an important record of who we are and where we come from.

From spinning tops to string figures, this wildly entertaining and colourfully costumed ensemble show how culture and history are passed on through singing and dancing. By comparing their own childhood games to those from the remote Torres Strait, students come to understand the importance of traditions, and to be thankful to those who teach them.

Permission notes will be sent out next week.



## Tamworth Eisteddfod

**Once again this year our students will be involved in the Choral Speech at this year's City of Tamworth Eisteddfod.**

Each stage has been learning two poems to perform at the Town Hall on either Tuesday 4 June (Early stage 1 and Stage 1) or Wednesday 5 June (Stage 2 and 3). Permission notes will be sent out soon.

Thanks to our P&C bus costs will be covered.



# Multicultural Perspectives

Entries for the 2019 Multicultural Perspectives public speaking competition are now open. The competition has two different age divisions - one for Years 3 and 4 students and one for Years 5 and 6 students.

Nemingha Public school will be holding the school selection on Monday 3 June 2019. Depending on numbers there may be class selections before this date.

At each stage of the competition contestants present both a prepared speech and an impromptu speech.

For their prepared speech, contestants must choose a topic from the list. The impromptu speech is chosen by the adjudicator on the day, and will be on a general, non-multicultural theme.

Contestants will have five minutes to write their impromptu speeches. The speaking times for each speech and division are outlined below.

Note that speakers are expected to finish at or just beyond the official speaking time, and it will be considered poor timing to reach the continuous bell. Students who are

selected from Nemingha School will progress to the regional day which will also be held at Nemingha on Tuesday 18 June.

Please register your child with their class teacher.



Years 3 and 4 Topics	Years 5 and 6 Topics
Playing together	Welcome to Australia
Multiculturalism in the media	Human rights and wrongs
Watch your language!	Australia Day
Refugees	Colour-blindness
Kid power!	Being a global citizen
Belonging	What would Captain Cook say?
Every child matters	Sport and multiculturalism
Understanding	Learning from the past
What makes an Australian?	Australia on the screen
Our backyard	It's complicated
Multiculturalism at school	Getting a multicultural education

Division/Speech	Warning bell	Speaking time (2 bells)	Continuous bell
Years 3 and 4 prepared speech	2 minutes	3 minutes	4 minutes
Years 3 and 4 impromptu speech	30 seconds	1 minute	1½ minutes
Years 5 and 6 prepared speech	3 minutes	4 minutes	5 minutes
Years 5 and 6 impromptu speech	1½ minutes	2 minutes	2½ minutes

## CPR, It Saves Lives

(CARDIO PULMONARY RESUSCITATION)

By Teagan Murray (5/6W) and Jade Brown (5/6BR)



**On Tuesday, 14 May Years 5 and 6 participated in the CPR Life Saving Program.**

Cameron McFarlane, from the Royal Life Saving Society, taught us the main positions and skills in performing CPR correctly. He showed us what Neutral Position and Recovery Position are, and how we use these positions correctly.

To perform CPR correctly, we need to do 30 chest compressions in the centre of the chest then two breaths, then repeat the 30 compressions and two breaths continually until help arrives. We need to tilt



the head back to open the airway and use the pistol grip to hold the mouth open so that we can correctly give the two breaths.

Overall it was a very educational and useful experience, and a big thanks to Cameron for sharing his knowledge with us.

## What's cooking in the Canteen

### Winter Menu – Terms 2 and 3

Our winter menu is out now.

Additions to the menu include canteen made:

- ★ Spaghetti Bolognese – mince and pasta
- ★ Nachos – corn chips, mince, lettuce, tomato, cheese and sour cream
- ★ Chicken Caesar Wrap – chicken tender, lettuce, bacon, cheese and caesar dressing

Please make sure that you write any changes to the listed items on your child's lunch bag; eg. Nachos – no sour cream

### Rosters

Thank you to the wonderful volunteers that have filled our Term 2 roster.

I am now starting to fill spots on the Term 3 roster. Please let me know if you are available on a Friday and would like to volunteer. No experience necessary.

Thank you

**Renae Mumford**, Canteen Manager,  
0417 029 377



## Election BBQ and Cake Stall

We will be running a BBQ and cake stall on Saturday during the election.

Any baked donations can be delivered to the canteen by 2pm Friday or to the school hall from 8am Saturday morning.

Also if anyone would like to volunteer to help on the day, please give me a call on 0418 667 202.

## Hello World raffle

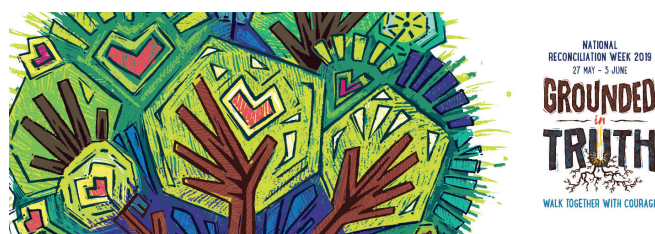
This week you will have received a note regarding our HelloWorld Raffle Fundraiser, with some wonderful prizes being offered.

- 1st prize - \$2,000 HelloWorld Gift Voucher
- 2nd prize - Ladies' Pamper Hamper valued at \$350
- 3rd prize - Car lovers' package valued at \$200
- 4th prize - Entertainer's dream valued at \$200
- 5th prize - Gardening package valued at \$200

There is also a book sellers' prize of a Sony 4GB MP3 player.

We would love you to sell tickets to raise funds for the P&C. You can return the note to have ticket books sent home, or you can call at the office if that's more convenient. Ticket books and money should be returned before Friday 24 July.

**Donna Murphy**, Fundraising Coordinator

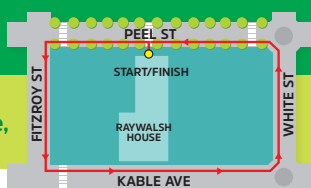


In conjunction with

**National Reconciliation Week 2019**  
you are invited to take part in the...

## The Long (Short) Walk with Elders

**Date:** Tuesday 28 May  
**Where:** Ray Walsh House, Peel Street



**Schedule:**

- 11am - Welcome to Country, Smoking Ceremony and Raising of the Flags
- 11:20am - Walk begins with Elders
- 11:40am - Walkers arrive back at Ray Walsh House for speeches
- 12:15pm - Refreshments and entertainment

To register and for more information visit  
[www.tamworth.nsw.gov.au/reconciliationweek](http://www.tamworth.nsw.gov.au/reconciliationweek)  
or call 6767 5205



## Visitors' car park

Please be aware that we have one disabled car space in the visitors' car park. This space is reserved for our student in a wheelchair and it has come to our notice that the park has been taken in the mornings and afternoons by vehicles not carrying a disabled sticker. Please leave this parking space free at all times.



The following notes have been sent home this week:

### All students

HelloWorld Raffle Fundraiser

✍ **Tickets and money due 24 July**

Canteen winter menu

### 3/4M students

Assembly performance 7 June

### Selected students

Tamworth Zone Cross Country, Friday 24 May

✍ **Notes due by Wednesday 22 May**

PSSA Stage 3 Girls Netball Day, Monday 27 May

✍ **Notes due by Wednesday 22 May**