



Calendar

April

Friday 5 April	Assembly - Year 5/6W item 2.40pm in the hall
Wednesday 10 April	P&C Meeting 7pm in the staff room
Thursday 11 April	ANZAC Service 11am - all welcome
Friday 12 April	Term 1 ends Mufti Day - gold coin donation 11.45am Scripture Service 12.30pm Easter Hat Parade
Friday 19 April	Good Friday
Monday 22 April	Easter Monday
Thursday 25 April	ANZAC Day
Monday 29 April	Staff development day
Tuesday 30 April	Students return for Term 2
30 April - 6 May	Life Education Van Visit ✍ Permission notes due Monday 8 April

May

Tuesday 7 May	Come and Try Day 9.30-11am - for children interested in Kindergarten in 2020
Wednesday 8 May	P&C Meeting 7pm in the staff room
Thursday 9 May	Mothers' Day stall
Friday 10 May	School Cross-Country
14-16 May	NAPLAN Years 3 and 5
Friday 17 May	Assembly - Year 4/5 item 2.40pm in the hall

June

Monday 10 June	Queen's Birthday holiday
Wednesday 12 June	P&C Meeting 7pm in the staff room
Thursday 13 June	Lightning: So Frightening 6.30pm-7.30pm
26-28 June	Great Aussie Bush Camp Excursion for Years 3 and 4 students ✍ Final payments due 7 June

July

Friday 5 July	Term 2 ends
Monday 22 July	Students return for Term 3
Monday 29 July	Variety Bash to visit our school

Clothing Pool - open each Monday, 9.30-10.30am
and on assembly days at 1.30pm



ASCA Awards

Christopher Jackson, Principal

"My secret is, believe it or not, I get incredibly nervous before public speaking, no matter how big the crowd or the audience and, um, despite the fact that I laugh and joke all the time I get incredibly nervous, if not anxious, actually, before going into rooms full of people when I'm wearing a suit ... And now that I've confessed that, I'll probably be even more worried that people are looking at me."

This quote was from a speech that Prince Harry delivered once and he also said that even being a royal doesn't make you immune from fear of public speaking.

One thing I've learned is that it's normal to have a fear of public speaking and I use many strategies to overcome this fear. As I get older I must admit it doesn't necessarily get any easier, but one thing I would say. In my experience teaching young children about speaking in front of others, is the sooner you start the easier it is to do.

At tomorrow's assembly an ASCA graduate will present four of our students with their ASCA medallions and certificates. While he may look a little like Prince Harry and you may recognise his voice from Tamworth 92.9, Jack Howard will probably agree that, like Prince Harry, he still gets nervous speaking on air to thousands of people each morning.

ASCA is a wonderful program that will help students overcome their anxiety about public speaking. Jack progressed through the six junior grades, which are offered to cover the 6-12 year age range, at Quirindi Public School to the senior grades he completed at Quirindi High School.

At Nemingha Public School we also offer these exciting and varied grades which introduce our students to many forms of oral communication and vocal interpretations. Students may begin at any grade according to their ability.

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ASCA Awards ... from Page 1

If you would like to know more about ASCA and what the program can offer, please come along to our Assembly tomorrow. Feeling embarrassed when speaking in front of others is a natural feeling. We often feel that we're the only one who has to work on their speaking skills or the only one who suffers from a fear of public speaking.

The truth, though, is that we're not alone. There are many others who have learned to improve their public speaking skills and when we struggle with something, sometimes it helps to know that we're not alone.

Habit #3

PUT FIRST THINGS FIRST

Work first, then play

- I do the things that I have to do before I do the things that I want to do.
- I stay focused on what I'm doing. I try to minimize distractions and regroup if I get off task.
- I spend my time on the things that are the most important.



ANZAC service

There will be a school service commemorating ANZAC day on Thursday 11 April starting at 11am. It will be held in the COLA. Parents are welcome to attend.



ANZAC Day march

On Thursday 25 April the school children have been invited to participate in the Kootingal march. This will be during the school holidays. Details will be the same as previous years. Children meet outside Kootingal Public School at 7.45am. Full winter uniform is required, including tie and black shoes.

We have been very proud of the Nemingha students in past years, and we know that this year will be no exception.

SCHOOL ZONE ROAD SAFETY

Understanding the road rules



No Parking

A driver must not stop for more than two minutes. You must remain in or within three metres of the vehicle.

Disobey No Parking sign \$187 fine & 2 demerit points



No Stopping

A driver must not stop in this area.

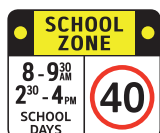
Disobey No Stopping sign \$337 fine & 2 demerit points



Bus Zone

Vehicles other than buses are prohibited from parking or stopping in this area. Hours of operation may apply. Restrictions apply for those times only.

Stop in Bus Zone \$337 fine & 2 demerit points



School Zone

40km/h speed limit during hours of operation. Double demerits apply for speed offences in a school zone.

Stop in Intersection in school zone \$448 & 2 demerit points



Crossings

A driver must stop at the white hold line if pedestrians are waiting to cross. Drivers must remain stationary until the crossing is clear of pedestrians and must obey instructions from School Crossing supervisors.

Stop On/Near Children's Crossing \$448 fine & 2 demerit points

What you can do

Here are a few things you can do to help keep your child and others safer during drop-off and pick-up times during the school week.

- ▶ Always park and turn legally around schools and avoid dangerous manoeuvres like U-turns and three-point turns
- ▶ It's safest for children to get out of the car on the kerb side of the road to be away from passing traffic.
- ▶ Where provided, use Children's Crossings to drop-off & pick-up children.
- ▶ Always hold your child's hand - young children may be easily distracted and wander into traffic.

- ▶ Always give way to pedestrians especially when entering and leaving driveways.
- ▶ Stick to the 40km/h speed limit in a school zone as children are about and can be unpredictable.
- ▶ Make sure your children are in the correct child car seat that is fitted and used correctly.
- ▶ Make sure your child is wearing a helmet when riding a bike, scooter or skating.
- ▶ Look out for buses - a 40km/h speed limit applies which school bus lights flash.

Always meet your child at the bus stop. Never meet them on the opposite side of the road and call them across.

Your child's safety depends on you.
Young children can learn these safe habits from you.

Visit: roadsafety.transport.nsw.gov.au

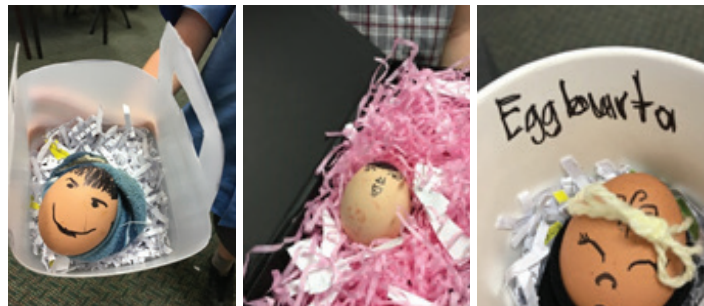


Eggcellent egg babies

This week Year 1 students became egg parents.

As part of our 'living' science unit, the children have the challenge to parent a (boiled) egg. This means bringing it to and from school every day for seven days, and being responsible egg parents over the weekend.

Let's hope in a week's time we have some eggspert egg parents!



SRE

From the beginning of Term 2, scripture lessons will be held from 12.45pm until lunch time at 1.15pm.



Make friends, have fun and get active with Netball!

WHAT	Tamworth Netball School Holiday Clinic		
DATE	Wednesday 17th April 2019	TIME	2pm-4pm (5-7yrs); 2pm-4pm (8-10yrs)
WHERE	Tamworth Netball Association - Tamworth Sportsdome Outdoor Courts, Jack Smyth Dr.		
DETAILS	\$20.30 per participant, with registrations online via the trybooking website: https://www.trybooking.com/BBPZK Please bring a hat, sunscreen, water bottle and healthy snacks!		
CONTACT	Rowie Tunningley	M: 0437 075 771	E: rtunningley@netballnsw.com

netball@netballnsw.com
(02) 9951 5000
netballnsw.com.au



P&C News

We have had busy few weeks of fundraising.

Thank you to all who baked for the stall at the Election Day BBQ. Over \$950 was raised on the day. Thanks to the people who came and helped at the stall: Rod, Andrea, Katie, Jan, Hugh, Chris, Deanne, Amanda, Alan Betts, Donna and Sally. Thank you to all who bought tickets in the wood raffle It was won by Greg Clarke.

Last Saturday after the glorious rain we had a late start at the Bunnings BBQ. Thanks to Donna who co-ordinated the roster and thanks to all those who helped on the day: Andrea, Nicole, Nadia, Sally, Neil, Nathan, Stuart and Donna.

Next meeting

It's not too late to join the P&C for 2019. Just come along to our next meeting which will be held next Wednesday, 10 April, at 7pm in the staff room

Gina Blyton, Secretary

Stories about Early Tamworth **★ STORIES FROM THE LOOKOUT ★** Lookout Treasure Hunt!

World Championship Quiz with Prizes!
Lolly Scramble! Free Morning Tea!
Optional followup to the nearby Long Gully Keeping Place.

Oxley Lookout - Wed., April 24 - 10am

This activity, specially designed for schoolkids Years 4- 10, is part of the Heritage Week program of events in Tamworth being held during the school holidays. Further information if required on 0481944420. Your own foldup chair would be good.



The following note has been sent home this week:

All students

Mothers' Day stall, Thursday 9 May

✍ Orders due by Friday 12 April



Dungowan Junior Rugby League is looking for players turning 6, 7, 8, 9, 11, 12, or 15 this year.

If you are interested, please contact Karlie on 0407926132 or inbox the club on their Facebook page.

OFFICE OF SPORT
SCHOOL HOLIDAY PROGRAMS



Have an active holiday adventure at our exciting Lake Keepit residential camp these Autumn 2019 school holidays!

 New friendships  Great value  Fun  Safe

BOOKINGS NOW OPEN!

For the best holiday fun, our popular residential camps get the kids outdoors, learning new skills and making new friends. Our residential programs include:

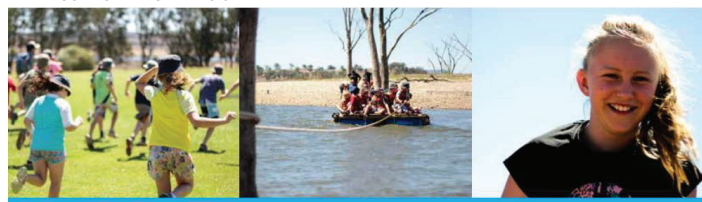
- 24 hour supervision
- Instructor led activities
- Accommodation
- Meals

DON'T MISS OUT
BOOK NOW BEFORE PLACES FILL

Lake Keepit
residential program
for Autumn 2019

ADVENTURER

15 – 18 April
Cost: **\$262**



For further information phone the Office of Sport on 13 13 02 or book online at sportandrecreation.nsw.gov.au/schoolholidays

Northwest Tennis Academy School Holiday Camps



Join Jarrod Campbell and the team of highly experienced and qualified coaching professionals at the upcoming school holiday camps. Heaps of fun and great activities to keep the kids actively entertained in a fun, safe and educational environment

Camp 1 | 15/4/19 - 18/4/19 (4 Day Camp) \$90

Camp 2 | 22/4/19 - 23/4/19 (2 Day Camp) \$50

or \$25 Per Day! (Eftpos Available)

8.30 am - 11.30 am Daily

Tamworth Tennis Club

Family Discounts Available

Call Jarrod - 0421287004

4 - 16 Years Catered For

northwesttennisacademy@hotmail.com

**COME JOIN OUR CLUB**

KOOTINGAL-MOONBI JUNIOR RUGBY
LEAGUE FOOTBALL IN 2019



Junior Rugby League
Football CLUB

Fees: 5-12yrs -\$125

13-16yrs -\$150

(Includes shorts and socks)

- You can also register at www.playnrl.com.au
- You can use your Active kids Voucher
- Check us out on facebook



**PERFORM
WITH POWER**

TENNIS ACADEMY

SCHOOL HOLIDAY TENNIS CLINIC

15/4/19 to 18/4/19

8:30am to 11:30am each day.

COST \$88 OR \$25 single day.

**THE GREATEST FUN FOR KIDS
THESE SCHOOL HOLIDAYS!**



Proudly run by
MITCH POWER
Tennis Australia Club
Professional Coach

Contact Mitch on 0434211461
mitch.power.87@gmail.com
for more info.

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