



Calendar

March

Friday 8 March	Assembly - Year 5/6BR item 2.40pm in the hall
Monday 11 March	Kinder Bus Safety Kindergarten students will learn the correct behaviour on and around buses.
Wednesday 13 March	P&C AGM followed by General Meeting 7pm in the staff room
Thurs-Fri, 21-22 March	Year 5/6 Lake Keepit camp

April

Wednesday 10 April	P&C Meeting 7pm in the staff room
Friday 12 April	Term 1 ends
Friday 19 April	Good Friday
Monday 22 April	Easter Monday
Thursday 25 April	ANZAC Day
Monday 29 April	Staff development day
Tuesday 30 April	Students return for Term 2

May

Tuesday 7 May	Come and Try Day for children interested in Kindergarten in 2020
Wednesday 8 May	P&C Meeting 7pm in the staff room
Friday 10 May	School Cross-Country
Friday 17 May	Assembly - Year 4/5 item 2.40pm in the hall

June

Wednesday 12 June	P&C Meeting 7pm in the staff room
26-28 June	Great Aussie Bush Camp Excursion for Years 3 and 4 students ✍ Expressions of interest due Friday 15 March

July

Friday 5 July	Term 2 ends
Monday 22 July	Students return for Term 3
Monday 29 July	Variety Bash to visit our school

August

Wed 14 August	P&C Meeting 7pm in the staff room
Monday 19 August	Staff Development Day

Clothing Pool - open each Monday, 9.30-10.30am
and on assembly days at 1.30pm

Our wonderful school community

Christopher Jackson, Principal

Nemingha Public School prides itself in the support it receives from the Nemingha community. Our school is very much a part of all the community. Many people who live in the area either attended the school as a child or have had their own children attend their primary education here.

Parents provide vital support to our school in so many different ways. Just by being there is such an easy way not only to support your child but our school as well; attending school functions and events, supporting fundraising and showing your children that you are there for them.

In-class support: parents often volunteer to help with one-to-one reading and individual activities. This really helps ensure that children get the support and personal attention that they require.

We have many wonderful parents, grandparents and relatives and friends who visit our school on a regular basis to assist in the classrooms with reading, art, craft, cooking and gardening.

We are all very grateful for their time and expertise listening to children read, drilling tables or problem solving in small groups.

Extracurricular support: parents are also sometimes asked to help provide cover at sporting events or extra-curricular activities such as after-school clubs or classes. Maybe you have a special hobby which you could help share with children. Our staff appreciate the efforts of parents who assist with gala days and team coaching.

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Role modelling is the most basic responsibility of parents. Parents are handing life's scripts to their children, scripts that in all likelihood will be acted out for the rest of the children's lives

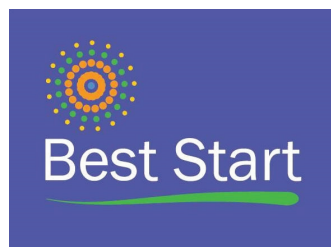
Stephen R. Covey

Our wonderful school community ... from Page 1

We are also very fortunate to have an active P&C - a committed group of parents who work tirelessly raising funds for every child at our school. They are very generous with their time, participating in school events such as our swimming and athletics carnivals and working bees at school. This co-operation with the staff is most important

and beneficial. Our P&C promotes the interest of the school by bringing parents, citizens students and staff into close co-operation.

I encourage all Nemingha School parents and citizens to come along to our P&C meeting on Wednesday 13 March in the school staffroom and take a valued role in our children's education.



Kindergarten children come to school with different levels of literacy and numeracy. Some are familiar with books, can recognise some letters, even write their name or count to ten, while others have not yet learned these skills.

Best Start gives our teachers and those teaching Kindergarten across NSW, a common set of high quality assessment tools and professional learning. Best Start builds on the strengths of our teachers and gives your children a great start to school.

At the beginning of this term Mrs Pearson, Mrs Holcombe and Mrs Kemp completed an assessment on all our Kindergarten students before they started school. The

purpose of this was to help each teacher gather information to guide the teaching of the children in their classrooms.

This week both teachers have been holding interviews with our Kindergarten parents to provide information on the Best Start assessments.

With this knowledge parents and teachers can now work together to provide the needs for each kindergarten student.



Term 3 staff development

As many parents would know, the beginning of Terms 1, 2 and 3 commence with a Staff Development Day.

Our first one was held on Tuesday 29 January and we completed mandatory training courses. Our next one will be Monday 29 April, which will focus on teaching and learning strategies. Our final staff development day will be held on Monday 19 August (Week 5), so children WILL attend school on Monday 22 July, which is the first day back for Term 3, but NOT on Monday 19 August.

Our staff will be joining Oxley Vale Public School for a Corwin workshop on Visible Learning. There will be further reminders throughout the year.



Posting photos online

Uploading photos and videos onto social media services and websites can be a great way to share memorable moments with friends and family, or to boost engagement with your community.

But there can be risks associated with posting photos and videos of children online.

We ask that when taking photos of their children at school events parents not post them on social media platforms or share them if other students can be recognised in the photo.

Where authorised photos are taken at events, the school is very careful that the photos are not used in the newsletter, in printed material or online if we have not received permission to do so.



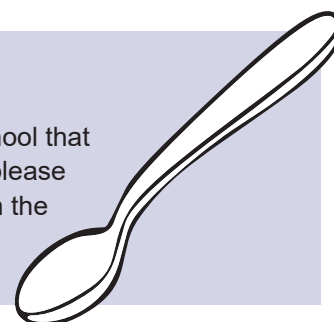
Election results

Congratulations to Rebecca McDonald, who has been voted in by our parent body to represent them on the Nemingha School Council.

Bec will attend her first meeting next month.

LUNCH BOXES

If you are sending food to school that requires a spoon, could you please make sure that you put one in the lunch box.





Nationally Consistent Collection of Data

The annual Nationally Consistent Collection of Data on School Students with Disability (NCCD) collects information about Australian school students who receive an adjustment to address disability.

Nationally consistent information on students in Australian schools receiving adjustments for disability enables schools, education authorities, and governments to better understand the needs of students with disability and how they can be best supported at school.

Every year, our school collects the following information for each student receiving an adjustment due to disability:

- the student's year of schooling
- the student's level of adjustment
- the student's broad type of disability.

Data collection will commence in August and further information will be provided closer to the date.



Tamworth High School

Centenary Celebrations

1919 - 2019

Tamworth High School will be celebrating its centenary with a week of celebrations from

25-30 March 2019

Celebrations will include a formal assembly, student disco, centenary football games, school tours, concert and formal dinner.

Book your tickets, register your intention to attend and order your merchandise via the school [website](#) or by visiting the front office staff at Tamworth High School.

You can also join the Facebook group
THS Centenary 2019

What's cooking in the Canteen



Meal Deals

Our Infants' meal deal will be on Monday, 11 March. Remember that orders and payment for the chicken caesar wrap with flavoured milk (\$5) are due tomorrow.

Primary students will have their turn on Monday 18 March, with orders due next Friday.

Thank you

Renae Mumford, Canteen Manager,
0417 029 377



The following notes have been sent home this week:

Selected students

Zone PSSA hockey trials
PSSA boys' cricket
PSSA cricket training

Indigenous performance for CAPERS 2019

All students

Stephanie Alexander Kitchen Garden Program

Kindergarten students

Bus Safety program, Monday 11 March

Permission notes due Friday 8 March

CAR PARK COURTESY

When opening car doors in the carpark, could you please ensure that your children are careful not to hit adjacent vehicles.

There have been some instances recently where significant damage has been done.

Your honesty if accidental damage occurs would be respected. Please let the office know.

St Luke's

LOOMBERAH CHIT CHAT

Local Playgroup Fun

When: 1st Thursday & 3rd Monday of the month

Time: 9.30am

Where: Loomberah War Memorial Hall

For further details, please go to the
Loomberah Chit Chat facebook page



Regional swimming

On Monday 4 March 13 students travelled to Armidale as part of the North-West team to compete at the Regional Carnival.

They cheered on each other as they swam down the pool. All our swimmers enjoyed the day, with some achieving personal best times in their events.

Congratulations to Porscha Ring, who successfully made it to State for freestyle, backstroke and butterfly. Robert Murphy came 4th in his freestyle, narrowly missing out on a place by a finger touch. Jiah Kelly came 14th out of 29 in the 9-year freestyle and Raeya Mitchell 18th in her freestyle.

The relay teams did well against stiff competition.



Good for Kids good for life

MANAGING SCREEN TIME

Australian guidelines recommend that **kids spend no more than 2 hours each day on small screen entertainment**. Long periods of use should be broken up as often as possible.

While computers and TV can be valuable for education and learning, the health benefits, skills and enjoyment that kids and teens get from being physically active are just as important.

Office of the Children's eSafety Commissioner

Keeping an eye on screen time

Are your kids constantly glued to a screen? Where do you draw the line to keep screen time in check? This quick guide can help parents manage screen time.

What is screen time?
Screen time is the amount of time spent watching a screen or electronic media for entertainment. It includes:

- Watching TV
- Watching DVDs & other online shows
- Using computers or other devices to access online entertainment
- Playing games on consoles, computers and mobile phones
- Texting



Health
Hunter New England
Local Health District

HNELHD-GoodForKids@hnehealth.nsw.gov.au
<http://www.goodforkids.nsw.gov.au/>



Nutrition Snippet

The simplest way

...to keep lunch foods fresh.

Food packed at home in the lunch box needs to stay fresh and safe to eat at school.

Meat, fish, poultry, eggs, noodles, rice, pasta, custard, yoghurt, cheese and milk need to be kept very cold to prevent food poisoning.

Pack lunches in a cooler bag with a cold brick or use a frozen bottle of water to keep food cold.

Items such as sandwiches, milk poppers, yoghurt, custard tubs, muffins, or fruit segments can be frozen to pack on hot days.



For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit

Eat It To Beat It

TAMWORTH frogs

WANT TO TRY HOCKEY FOR FREE???

Year 3-6 Primary Hockey Experience

Term 1 2019

- ⇒ Tuesday afternoons from 4pm
- ⇒ Start date 5th March 2019 (*amended date*)
- ⇒ At Hockey Centre
- ⇒ Play with your friends from school
- ⇒ 5 week fun series
- ⇒ Sticks provided (bring shinpads and mouthguard if desired)
- ⇒ Talk to your school sports co-ordinator to join a team
- ⇒ Further information Justin 0431 718 811