



Nemingha Public School

NEWSLINK

Community • Opportunity • Excellence

Term 4, Week 6

22 November 2018

Calendar

November

Friday 23 November	Family Fun Afternoon
Wednesday 28 Nov	Responsible Pet Day <i>Kinder-Year 2</i>
Friday 30 November	Assembly <i>K-1 item - 2.40pm in the hall</i> Gingerbread House Night <i>6.30pm in the school hall</i>

December

Saturday 1 December	Bunnings BBQ <i>P&C fundraiser</i>
Tuesday 4 December	Peel High School Year 6 Orientation Tamworth High School Year 6 Orientation
Thursday 6 December	Farrer MAHS Year 6 Orientation
Friday 7 December	Presentation Day <i>9.45am - all welcome</i>
Tuesday 11 December	Scripture Service CAPA Concert <i>featuring students involved in music tuition</i>
Wednesday 12 Dec	P&C meeting <i>7pm in the staff room</i>
Thursday 13 December	Year 6 Farewell Dinner <i>West Tamworth League Club, 6-8.30pm</i>
Monday 17 December	Moving Up Day <i>Children allocated to classes for 2019</i> Stage 2 Camp
Tuesday 18 December	Class parties
Wed 19 December	Nemingha's Got Talent End of Term 4
Sunday 23 December	Bunnings BBQ <i>P&C fundraiser</i>

2019

January

Tuesday 29 January	Start of Term 1 <i>Staff Development Day</i>
Wednesday 30 January	Start of Term 1 <i>Students (Year 1-Year 6) return</i>

February

Monday 4 February	Kindergarten starts
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Clothing Pool - open each Monday, 9.30-10.30am
and on assembly days at 1.30pm

Stay safe in the water



Today our school was visited by Tom, Zoe and Tia from the Beach to Bush program.



More than 36,000 primary school students across 300 schools throughout Australia have taken part in vital water safety lessons ahead of summer.

Beach to Bush is the largest and most innovative surf safety education program in Australia, having reached more than 250,000 primary school students since it began in 2004.

The skills and safety lessons which focus on surf conditions and how to stay safe when visiting the beach can be applied to any type of water situation, including rivers, dams, creeks, pools or other waterways.

Students received vital water safety tips by taking part in an interactive presentation with a focus on swimming between the red and yellow flags, always following safety signs and looking out for each other while enjoying the water.

With summer just around the corner, **Beach to Bush** helps our surf lifesavers continue to spread important messages far and wide throughout Australia.



We all just want to be happy

Christopher Jackson, Principal

What is the last line of every fairy tale? You got it! "... and they all lived happily ever after" It should also be said at the end of every school day as we like to hear children say they ended their day "happy".

In the book "The Happiness Trap" by Dr Russ Harris, people need to look at things in a positive light, and not focus on the things that went wrong throughout their day. We all just want to be happy.

At Nemingha we believe it is important for children to succeed at school. School is where they spend a considerable part of their day and the effects of school experiences can last a lifetime.

Each morning assembly for the past fortnight, teachers have been reinforcing the importance of focussing on the positive aspects of the children's day and not just basing "their day" on the small mishap that may have occurred in the playground.

Parents can help too. When your child returns from school find out what was the best thing they did at school that day. When I taught at Wallabadah Public School I would often ask my class at the end of each day "What did you learn today?" "What made you smile today?" and "What did you most enjoy doing today?" Always build on the positives.

We need to be good listeners. Listen carefully to what your child says about school. Even if the child mentions a

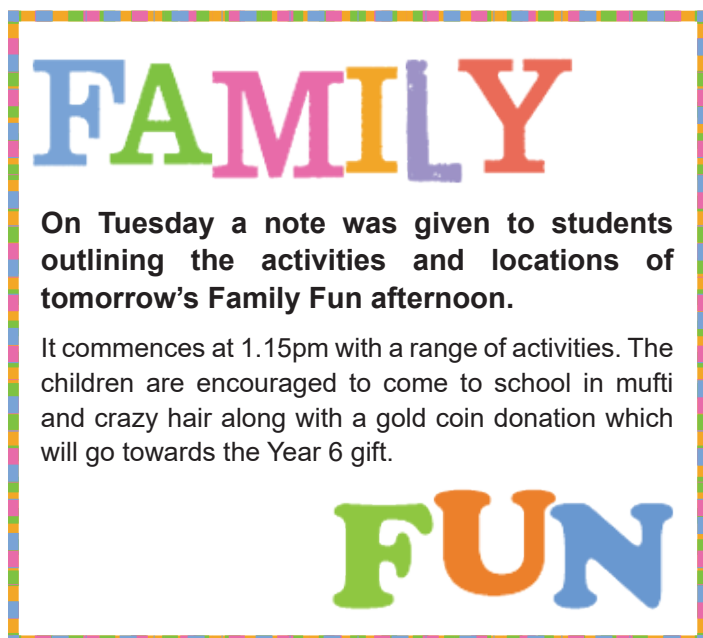
negative aspect about their day, you can be supportive by using your listening skills. This promotes understanding and opens the door for further discussion.

As teachers we often get down at the same level as the children. (Lucky I don't have a bad back from sitting on kindergarten chairs!) Match your child's posture. If they are sitting, you sit, too.

Often as parents we just want to fix things for our children. It isn't always the best way to approach a problem. By handling the problem for your child, you keep them from learning how to handle it themselves. We need to be a resource, and at times a guide, but not a saviour.

Lastly share your experiences and outlook on school with your child. Offer examples of your successes and failures at school yourself. Be truthful without going into the lecturing mode and relate your experience, being sensitive to your child's strengths and weaknesses.

Above all remember that at any time a child experiences a positive shift in his or her school outlook, many other areas benefit as well.



FAMILY

On Tuesday a note was given to students outlining the activities and locations of tomorrow's Family Fun afternoon.

It commences at 1.15pm with a range of activities. The children are encouraged to come to school in mufti and crazy hair along with a gold coin donation which will go towards the Year 6 gift.

FUN



DRUMBEAT
BUILDING RESILIENCE THROUGH RHYTHM

You may remember from previous Newslink articles that Nemingha Public School provides the DRUMBEAT program each Wednesday afternoon with Kellie Stewart from Pathfinders Tamworth.

Each term a selected group of nine students from Year 4-6 spend 45 minutes in the hall tapping out rhythms with each other. DRUMBEAT engages students, builds their social skills, increases self-esteem and explores connections between making music together as a group and the development of healthy relationships.

They have thoroughly enjoyed themselves and the group plans to perform at next week's assembly.

School Council Parent Representative



Calling all parents who would like to be more involved in the school. There is a position available on the School Council starting in 2019.

The Council assists the Principal and staff with policies and procedures for the school. This group consists of elected representatives of the

staff, parent and community and meets at least six times a year (one hour before P&C meetings).

If you are interested in being part of the School Council, a form can be collected from the office.

What's cooking in the Canteen

New menu

The canteen has a new summer menu, which will be current for the remainder of Term 4 and for Term 1, 2019.

It is enclosed with this Newslink and also available on the school web site under "[Canteen and clothing pool](#)".

There has been an increase in the price of the garlic bread. It will now be available for \$1.50 each.

All other prices will remain the same for the remainder of Term 4 and all of Term 1 2019.

Presentation Day

The P&C will have a sausage sizzle available from the canteen following the Presentation Assembly on Friday 7 December. Sausage slings will be \$2 each.

All drink and snack items will also be available for purchase. There will be no lunch orders taken on this day.

Thank you

Renae Mumford, Canteen Manager,
0417 029 377



P&C News



Calling all helpers

We have a further two dates left in 2018 for Bunnings BBQ. Can you spare a few hours on either of the following dates?

Saturday 1 December

Sunday 23 December

Let Donna Murphy know on 0418 667 202 or via the P&C email: neminghapandc@outlook.com

Presentation Day BBQ

Nemingha P&C will be holding a BBQ/Sausage Sizzle after the 2018 Presentation Day. The canteen will be open, however no other hot food orders will be accepted.

Keep an eye out for further information in next week's Newslink.

Want your say on P&C matters?

Join the next general meeting at 7pm on Wednesday 12 December 2018 in the staff room. All welcome!

Busting the asthma myths

Next week we'll be focusing on asthma and busting some common myths by stating the facts.

Asthma is a condition that affects most Australians, 2/3rds in fact! Despite this, there are many misconceptions about this chronic disease.



We want everyone in the community to know about asthma, good asthma control and prevention. We want everyone in the community to be empowered to take steps to prevent and treat their asthma and to educate others. But we can't do it alone.

Next week we will learn about the five facts of asthma.

YANKEE JACK

28/29 NOV

Nundle Memorial Hall

Wed 28th Nov

7pm

Thu 29th Nov

12pm & 7pm.

Tix \$10/\$5



Based on true events and characters.

The journey of a young boy from the streets of London to Nundle's Hills of Gold.

Performed by Nundle Public School. An original production by Toni Swain.

PRE-PURCHASE TICKETS AT:
WWW.STICKYTICKETS.COM.AU/74420

THE MUSICAL

You're invited...

CAROLS ★ in the ★ PARK

Sat 8th Dec 6:30pm

FOOD
DRINKS
FIREWORKS

Bicentennial Park

carolsinthepark.info

Carols in the Park
Tamworth

With Colin Buchanan

School Banking



All reward orders need to be submitted by next Monday, 26 November, to be processed and distributed before the end of the year.

If you have received a request to order, please have the form returned next Monday to the canteen.

Year 6 Farewell

Year 5 students are reminded that payment for the Year 6 farewell is due by Friday 30 November.

Year 6 students attending should RSVP to the office in writing and if any parents of the Year 6 students wish to attend they should also have their payments to the office by that date.

Unfortunately there will be no late RSVPs or money accepted after this date due to catering arrangements.

Lunch containers

As the photo shows, many lunch boxes are being left at school each day.

Because containers are not labelled, and children do not recognise which one is theirs, after two or three days left in the sun and heat the containers become very smelly and unhealthy and therefore they are disposed of in the skip bin.

To prevent this waste and unnecessary burden on our eco system, could you please make sure that all containers and property are clearly labelled so they can be returned to the rightful owners.



Notes
home

The following notes have been sent home this week:

Years 3 and 4 students

Years 3 and 4 school camp - 17 December.

✍ Notes and payment due Friday 7 December

All students

Family Fun Day - Friday 23 November

See information on page 2

Year 6 students

Tamworth High School Year 7 2019 Orientation Day - Tuesday 4 December

Kinder-Year 2 students

End-of-year class parties

✍ Notes and payment due Tuesday 18 December

CHRISTMAS CAROLS

Kootingal Oval

Sat. 8th Dec. 2018
6pm to 9.30pm

6pm Food, Drinks, Entertainment
8pm Carols Begin

Carols on the Oval

Gold coin entry