



## Calendar

### September

Friday 28 September End of Term 3

### October

Monday 15 October Start of Term 4  
*Students return*

Tuesday 23 October Kinder Orientation

Thursday 25 October Tamworth Primary Schools Choral Festival

Wednesday 31 October Kinder Orientation

### November

Wednesday 7 Nov **Cybertalk@NPS**  
*for Years 5 and 6, with Senior Const Michelle King. 2.15pm in the library - parents welcome*

Friday 9 November Kinder Orientation  
Assembly

Wednesday 14 Nov **P&C meeting**  
*7pm in the staff room*

Tuesday 20 November **CAPA Concert**

Wed 21 November **Captain Speeches**

### December

Saturday 1 December **Bunnings BBQ**  
*P&C fundraiser*

Friday 7 December **Presentation Day**  
*9.45am - all welcome*

Tuesday 11 December **Scripture Service**

Wednesday 12 Dec **P&C meeting**  
*7pm in the staff room*

Thursday 13 December **Year 6 Farewell**

Monday 17 December **Moving Up Day**

Tuesday 18 December **Class parties**

Wed 19 December **End of Term 4**

Sunday 23 December **Bunnings BBQ**  
*P&C fundraiser*

## 2019

### January

Tuesday 29 January **Start of Term 1**  
*Staff Development Day*

Wednesday 30 January **Start of Term 1**  
*Students (Year 1-Year 6) return*

Clothing Pool - open each Monday, 9.30-10.30am  
and on assembly days at 1.30pm

## 80s Dance totally rad!

Guests dressed up and had a blast at our P&C fundraiser on Saturday night. Loomberah Hall has never seen so much fluoro!



Congratulations to the team who pulled together the 80s dance. An amazingly decorated hall and fabulous outfits made for a fun night. A BIG shout out to those who backed up and helped with the cleaning of the hall on Sunday. Thank you again to everyone who contributed or helped in some way to make the dance happen.

A big thank you to the Nemingha Nannies, who provided expert service.



Thanks also to our generous sponsors:

- |                                  |                            |
|----------------------------------|----------------------------|
| Tamworth Jockey Club             | Wendy Newby Tupperware     |
| Stardust Readings                | Ivy Rose                   |
| doTERRA Oils Amanda Perkins      | Mitch Power Tennis Academy |
| Meagan Kelly Hair Design         | The Body Shop Kay Gaffney  |
| Scentsy Alisha Preston           | Smart Dollar               |
| Diesel Care Tamworth             | Wade n Water               |
| Peter Mackenzie Carpentry        | Nemingha School            |
| Pursehouse Rural                 | Chris Jackson              |
| Belmaedie Beauty                 | Murphy Family              |
| Shonny's Balloon Art             | Moss Family                |
| Tamworth Remedial Massage Centre | McKnight Signs             |
| The Tamworth                     | Ella Bache                 |
| Lee Toni Hairdressing Salon      | Tamworth Building Supplies |
| Wiegold Family                   |                            |

# Sharpen the saw

Christopher Jackson, Principal

With the holidays quickly approaching it is time to reflect on the seventh habit in *The Leader in Me*: “Sharpen the Saw”.

There is a wonderful story that captivates exactly what “Sharpening the Saw” is all about. It tells the story of a man who was walking through a forest when he came across a frustrated lumberjack.

The lumberjack was trying to cut down a tree with a blunt saw and was swearing and cursing as he laboured in vain.

“What’s the problem?” The man asked.

“My saw’s blunt and won’t cut the tree properly,” the lumberjack responded.

“Why don’t you just sharpen it?”

“Because then I would have to stop sawing,” said the lumberjack.

“But if you sharpened your saw, you could cut more efficiently and effectively than before.”

“But I don’t have time to stop!” The lumberjack retorted, getting more frustrated.

The man shook his head and kept on walking, leaving the lumberjack to his pointless frustration.

This story is relevant to so many of us isn’t it?

We get frustrated by life and our inability to cope, but instead of developing ourselves and taking the time to become more effective, we keep struggling with a blunt saw.

Don’t do it any more. Stop, sharpen your saw and become more effective.

The  
**Leader in Me**<sup>TM</sup>  
great happens here

Sharpening the saw is actually an activity, just as the analogy suggests. Think about what it would mean to sharpen the saw of your life. Here are some saw-sharpening ideas:

1. Exercise
2. Improve your diet
3. Educate yourself (read, listen to audio programs, attend a seminar)
4. Learn a new skill
5. Join a club
6. Meditate
7. Write in your journal
8. Have a deep conversation with someone
9. Set some new goals or review/update your old goals
10. Organize your home or office
11. Go out on a date
12. Clear out a bunch of little tasks that you’ve been putting off

Now the woodcutter can’t just alternate between cutting wood and sharpening the saw indefinitely. Downtime is needed too, but it isn’t the same as sharpening the saw. The woodcutter can become even more productive by sharpening the blade, studying new woodcutting techniques, working out to become stronger, and learning from other woodcutters.

These holidays are an excellent opportunity for students to “Sharpen the Saw” and refresh, replenish and relax ready for Term 4.



## Kiss and Drop

During the holidays a yellow area will be painted in the Kiss and Drop zone at the front of the school. This will make the zone more visible to parents picking their children up from school each afternoon.

Thank you to parents who have been following the RTA rules regarding school Kiss and Drop areas.

## Parent Teacher interviews

Thank you to all the dedicated staff who spent afternoons at school this week conducting parent teacher interviews. We are most fortunate to have such dedicated, professional staff who work collaboratively to ensure the best learning environment for our students.

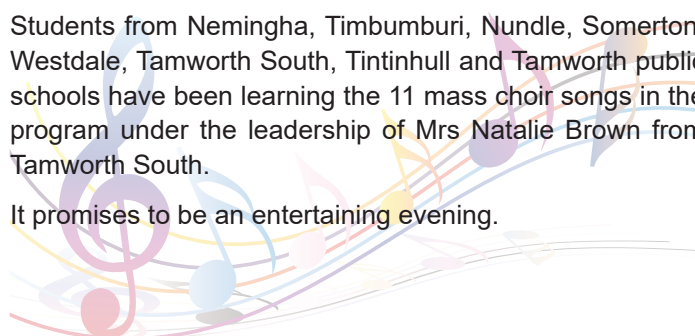
## Tamworth Primary Schools Choral Festival

**Thursday 25 October 2018**

Tickets are on sale for the Tamworth Primary School Choral Festival. There are a number of tickets available at school so get in quick as none will be for sale at the door.

Students from Nemingha, Timbumburi, Nundle, Somerton, Westdale, Tamworth South, Tintinhull and Tamworth public schools have been learning the 11 mass choir songs in the program under the leadership of Mrs Natalie Brown from Tamworth South.

It promises to be an entertaining evening.





## Well done Year 4

During the month of September, students were encouraged to try a variety of fruit and vegetables.

Congratulations to Year 4, who collectively tried 49 different foods across the few weeks. Thank you to parents for supporting their child's request for obscure foods. On Wednesday our winners were rewarded with berry smoothies.



The program managers, Healthy Kids Association, are seeking feedback from parents/carers about the program to help with future planning.

Please take some time to fill out this short survey –

<https://www.surveymonkey.com/r/fruitandvegmonth2018parentsurvey>

The survey should take no longer than 15 minutes to complete. As an incentive, a \$20 gift voucher is available for the first 70 eligible responses from across the state.

If you have any questions about the survey, please contact Healthy Kids Association on 02 9876 1300 or 1300 724 850.

## What's cooking in the Canteen



### Meal Deal

A huge thank you to everyone who supported our Chicken Burger Meal Deal on Monday. We served a total of 110 burgers. Thanks also to my parent helpers. I greatly appreciate the time that all of our volunteers donate to helping in the canteen.

### Term 4 Roster

I still have some Friday spots available on the Term 4 roster. Please let me know if you are available on a Friday and would like to help. No experience necessary.

Thank you

**Renae Mumford**, Canteen Manager,  
0417 029 377

## Group photos available to order

The following groups had photos taken by Advancedlife and these will be available to order for the next 14 days: swimming champions, rugby union, school captains, cricket, debating, athletics champions, Year 6 muck-up, cross country champions and rugby league.

To order:

1. To view and order online, please go to [advancedlife.com.au](http://advancedlife.com.au) and enter the 9 digit online code (below).
2. Select "browse group photos" from the menu and make your selection from the list.
3. Once you have chosen all groups to order, select the "view shopping cart" option and follow the prompts.

Proofs are available to view at the front office.

Envelopes are available for collection from the front office should you prefer to pay by cheque or money order. These should be returned no later than the first day of next term (Monday 15 October).

Please select carefully as under no circumstances will a refund or exchange be available.



## Farm Household Allowance information session



Farm Household Allowance is a payment to help farmers and their partners facing financial hardship.

Come along to our information session to learn:

- who's eligible
- how to create a myGov account and claim online
- what documents you'll need and how to lodge them
- what support is available.

Where: Tamworth Service Centre, 219 Peel Street, Tamworth

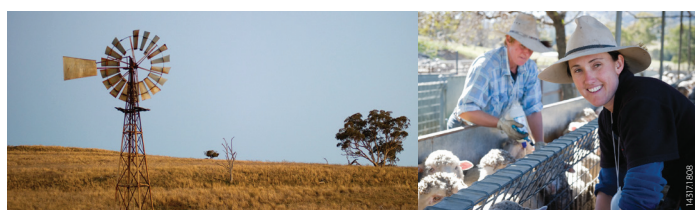
When: Saturday 6 October 2018, 10 am to 12 noon

We'll help you claim using our computers. Bring your identification, income and asset documents.

For more information on this event call 02 6755 4724.

The Rural Financial Counselling Service can also help you claim. Call 1800 686 175

For more information on Farm Household Allowance call the Farmer Assistance Hotline, 132 316.







# P&C News

## Bunnings BBQ

Following our great 80s night, the P & C also ran a very busy Sunday Bunnings BBQ. Thank you all those who helped out.

A reminder we have a further two dates left in 2018 for Bunnings BBQ. Can you spare a few hours on either of the following dates?

- Saturday 1 December
- Friday 23 December

Let Donna Murphy know on 0418667202 or via the P&C email: [neminghapandc@outlook.com](mailto:neminghapandc@outlook.com)

## Want your say on P&C matters?

Join the next general meeting at 7pm 14 November in the staff room. All welcome!

Thank you  
Gina Blyton, Secretary

## School Council Parent Representative

There is a parent representative position vacant as of Term 1 2019 on our School Council. If you are interested in being involved, please contact the front office for an information pack.

The Council assists the Principal and staff with policies and procedures for the school. This group consists of elected representatives of the staff, parent and community which meets at least six times a year (one hour before a P&C meeting).

# TAMWORTH CITY SWIMMING CLUB



### About

**Tamworth City Swimming Club**  
TCSC is a family oriented swimming club that focuses on the development of our swimmer while promoting healthy exercise, water safety and fun. We are proud to develop and encourage a love for swimming regardless of age and ability.

We are committed to the values of consistency, skills and unity. Tamworth City Swimming Club enjoys the services of our permanent accredited professional coach, Mr Nicolas Monet.



TAMWORTH CITY  
**SHARKS**  
SWIMMING CLUB

**REGISTRATION DAY**  
Sunday 14 October, 11am to 1pm  
Tamworth City Olympic Pool  
Corner of Kable and Bridge Street

Please contact the coach,  
Nicolas Monet, on 0434 805 957 to book a time  
or [secretary@tcsc.org.au](mailto:secretary@tcsc.org.au)

SPONSORED BY:  




# The DUNGOWAN VILLAGE FAIR

## 13 & 14 October 2018

### Tractor Trek October 12

DUNGOWAN RECREATION GROUND 9AM-5PM SAT 9AM- 12 NOON SUN



*Come Along & Enjoy*

- VINTAGE CARS, TRUCKS, MOTOR BIKES, TRACTORS, OLD ENGINES & HISTORICAL ITEMS.
- TRACTOR PULL & KID'S PEDAL TRACTOR PULL.
- DUNGOWAN 1200 ROCKER COVER RACES.
- KID'S EGG CARTON RACES.
- PAPER & BALSA WOOD GLIDING PLANE COMPETITION.
- CHILDREN'S EVENTS, ANIMAL NURSERY & GAMES.
- CATERING ON-SITE, COFFEE VAN, COLD DRINKS.
- TRADING STALLS.






**ENTRY \$5**  
Children Free

*Excellent camping facilities on the bank of the Peel River*  
*Free camping for all stall holders & exhibitors*

For more information please visit:  
[www.dungowanvillagefair.com.au](http://www.dungowanvillagefair.com.au)   
Chairman: Paul Cox 0428 668 633 Tractor Trek: Paul Cox 0428 668 633  
Onsite Camping & Stall Sites: Winston Roworth 0427 939 633





## OFFICE OF SPORT

# SCHOOL HOLIDAY PROGRAMS

ACTIVE HOLIDAY ADVENTURES

Have an active holiday adventure at one of our exciting residential camps these spring school holidays!

**BOOKINGS NOW OPEN**

For the best holiday fun, our popular residential camps get kids and teens outdoors, learning new skills and making new friends. Our residential programs include:

- 24 hour supervision
- Instructor-led activities
- Accommodation
- Meals
- Supervised transport (where applicable)

**RESIDENTIAL PROGRAMS FOR SPRING**

**For kids:**

- Snow Play (Jindabyne)
- Adventurer (Myuna Bay, Milson Island, Lake Keepit, Broken Bay)
- Hook, Line & Sinkers (Myuna Bay & Broken Bay)
- Cooking 4 Kids (Myuna Bay)

**For teens:**

- Adventurer (Broken Bay)

**Book now on 13 13 02 or visit [sportandrecreation.nsw.gov.au/schoolholidays](http://sportandrecreation.nsw.gov.au/schoolholidays)**







facebook.com/OOSNSW  
[sportandrecreation.nsw.gov.au/schoolholidays](http://sportandrecreation.nsw.gov.au/schoolholidays) | 13 13 02